



escape adventures®

# MOUNTAIN BIKING MULTISPORT Moab Multisport Adventure (Camp)

## The Basics

**State:** Utah

**Activities:** 1 ½ Days Hiking  
2 Days Biking  
½ Day Climbing  
½ Day Kayaking  
1 Day Canyoneering

**Duration:** 6 days/5 Nights

**Season:** Spring & Fall

**Type:** Camping

**Elevation:** 3500-5600

**Airport:** Grand Junction, CO



## Meeting Information

**Location:** Moab Cyclery

**Address:** 391 S Main St,  
Moab UT 84532

**Time:** 9am

**Phone:**

\* We will return to Moab Cyclery around 1:30pm on the last day.

## Bike Rentals

Santa Cruz, Specialized,  
[click here for more information.](#)

## Camping Rentals

- Three-man tent with fly and ground tarp
- 30 degree sleeping bag
- Camp Pillow (BYO pillowcase)
- Self-inflating ground pad

Bringing or shipping your own gear? [See our shipping policy.](#)

**P**icture vibrant sandstone walls, chiseled by the mighty Colorado River, lit by the evening glow of a desert sunset, and backed by a magnificent range of snow-capped mountains. In the midst of Utah's Canyon Country, the Moab backcountry provides the perfect setting for your multi-sport adventure!

At Arches, we'll visit a geological wonderland, where natural exhibits of pinnacles, arches, pedestals, and balancing rocks seem to defy the laws of physics. Contrasting colors, textures, and landforms distinguish one section of Canyonlands National Park from the next. Our visit to the Island in the Sky district brings expansive views of maze-like chasms below. The Needles District offers a different, surreal hiking experience as we navigate through the labyrinth of towering sandstone needles. The area also provides us with insight into the ancient Anasazi civilizations that once called this area home.

On our introductory canyoneering outing we explore the vertical landscape of this land close-up as we confidently scale canyon walls with the help of expert guides. Kayaking on the Colorado rounds out the complete canyon country experience; while the Colorado River's power is present everywhere throughout our adventure nowhere is it better realized than on our exciting day on the water.

## Trip Amenities

All camping on this trip is in campsites with **no running water and pit toilets**. There are no shower facilities, but solar showers will be available. Cell phone service is available when in Moab.



Fitness Level



Technical Level

Contact Us: [Info@escapeadventures.com](mailto:Info@escapeadventures.com) | 800.596.2953 | [www.escapeadventures.com](http://www.escapeadventures.com)

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# Daily Itinerary

## Specific Trip Tips

- Grand Junction, Colorado, is the closest city with a major airport and car rentals. From there you can drive or take a shuttle to Moab.
- A commercial shuttle is also available from Salt Lake City to Moab
- Please arrive in Moab at least 12 hours prior to your departure time in order to have time to rest before the tour.
- It may be the desert, but nights are cold out there. Bring layers!

## What sets us apart?

**Our People:** Our guides are the best in the business! Trained personally by the owners, our guides understand the areas you ride and the safety of the group.

**Our Commitment:** We don't just preach environmental awareness, we live it! We recycle 90% of our waste, run our facilities with solar and wind power, and we are the world's 1st carbon-neutral outfitter.

**Our Food:** Our guides lovingly prepare meals for the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious meal at the same time-including dessert!

## Offset Your Airfare

We've got your trip covered, but use our online [Carbon Calculator](#) to offset your travel to and from the trip

## Day 1 | Biking - Monitor & Merrimac and Bartlett Wash

After meeting at Moab Cyclery, we'll ride the Monitor & Merrimac Trail, which provides a perfect introduction to classic Moab riding. We'll have great views of the famous Monitor & Merrimac buttes as we work on our slickrock skills. Time permitting; we'll ride over to the hidden slickrock near Bartlett Wash.

From a distance the slickrock appears to be salmon in color until you get up close to see the rainbow that has formed over millions of years. Our slickrock ascent takes us to an outrageous playground of spillways and turrets overlooking beautiful Courthouse Pasture. After the ride, we will shuttle to the Needles District of Canyonlands National Park, where we'll make camp for the night.

**Total Mileage** | 10-14 miles biking                      **Camp** | Hamburger Rock  
**Terrain** | Jeep Road & Slickrock, No Van Support

## Day 2 | Hiking - Canyonlands National Park

After a hearty breakfast we'll lace up our hiking boots and stride through the beautiful and colorful sandstone features of Elephant Canyon. The canyon opens onto the grassy meadow of Chesler Park, a pastoral amphitheater enclosed by walls of colorfully banded sandstone "needles" and spires.

Time permitting; the more adventurous can give it a go on the Joint Trail, a hiking experience that can be found in few other places in the country. The trail follows a long stretch of connecting "joints" and deep, narrow crevices in a massive rock expanse; some passages are only 2-3 feet wide.

**Total Mileage** | 8-11 miles hiking                      **Camp** | Sand Flats Rec Area  
**Terrain** | Hiking trails and some moderate scrambling.

## Day 3 | Rock Climbing and Biking, Slickrock

We gain a fresh perspective on the spectacular canyon walls we've been admiring from afar as we climb into a safety harness and are introduced to the exciting sport of rock climbing. Under the care of our exceptional guides, you'll begin by learning the basics. After an introduction to equipment and terminology, and instruction in knot tying and belaying, we'll begin climbing. After mastering some basic maneuvers, we'll progress to some advanced challenges. Depending on the speed of the group, we may complete as many as five climbs!

For those with energy left to burn, an afternoon ride on the practice loop of the Slickrock Trail will complete the perfect Moab day. An option to spend the afternoon in town will also be available.

**Camp** | Sand Flats Recreation Area

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## Day 4 | Canyoneering

Today's adventure is the highlight of the tour for many guests as they experience the unique thrill and sense of satisfaction that comes from canyoneering! Canyoneering is a kind of hybrid sport that applies hiking, rock climbing, and even swimming skills to negotiate up, down, and through canyons. But not to worry, our introductory trip is designed for those with no previous experience. Our 5-mile trip through the remote Hidden Splendor canyon will include some rock scrambling, two spectacular repels and non-stop scenery. Led by our expert canyoneering guide, you'll acquire basic rappelling skills while learning about the geological forces that created this rock playground. We'll also gain an insight into the history and folklore of the region which help bring these monumental rock structures to life.

**Camp** | Sand Flats Recreation Area

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## Day 5 | Kayaking, Colorado River - Hiking, Arches National Park

Our variety-packed day begins deep in Arches National Park. Our hike traverses a labyrinth of sandstone fins and spires. Named for its brilliant deep red reflective rock, the path winds through slick rock grottos ending at the most photographed arch in the world - Delicate Arch.

In the afternoon, we kayak in the rolling waters of the Colorado River (mostly Class II rapids). We will provide instruction covering everything from basic paddling techniques to the art of wave surfing. For those who prefer to raft, paddleboats are available. Towering cliffs shoot skyward from this grand river, dwarfing our small craft. We'll savor this fresh new perspective of canyon country as we gaze at riverside monuments and buttes, and maybe even an eagle! For those who prefer not to raft, the Moab area is yours to explore that afternoon.

**Total Mileage** | 4 miles hiking + rafting

**Camp** | Sand Flats Rec Area

## Day 6 | Biking, Klondike Bluffs

This morning we'll ride the Klondike Bluffs trail - another Moab classic. During the ride we'll pass imprints of the three-toed dinosaurs that tramped across these mud flats and river bottoms about 170 million years ago. At the turn around point, we'll hike across the trail's namesake bluffs, which erode to bonnets and elephant toes atop fractured fins and alcoves. Features of Arches National Park can be seen in the distance, backed by the scenic La Sal Mountains. After lunch, we'll head back to Moab.

**Total Mileage** | 10 miles

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**Trip Cost Includes:** Two guides, all meals starting with lunch on the first day through lunch on the last day, support vehicle, snacks, first-aid, bike maintenance, community gear, and a souvenir shirt.

**Trip Cost Does Not Include:** Airfare to and from our departure point, lodging before or after the tour, personal camping gear, rental bike, or gratuities to Escape Adventures guides. Tips to the guides are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between the guides.

*This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Inns are subject to change.*

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## The Fine Print

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### **Cancellation Policy**

If you need to cancel your tour reservations, for any reason, our cancellation policy is as follows:

<b>Time Frame:</b>	<b>Refund Available:</b>
Up until 45 days prior to trip departure	Refund of what you paid minus a \$100 processing fee per person
44-31 days prior to trip departure	Refund 50% of payments minus \$100 processing fee per person
30-15 days prior to trip departure	Refund 15% of payments minus \$100 processing fee per person
14-0 days prior trip departure	no refund available

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. *After our refund deadline has passed we cannot provide a refund for any reason*, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 45 days prior to trip departure.

### **Travel Insurance**

We encourage you very strongly to purchase travel insurance to protect against extenuating circumstances such as illness and injury- believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 ask about product 007715.

### **Transfer Policy**

Multi-day tours only: If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 45 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour. Does not apply to ½ and full day tours in Las Vegas or Moab.

### **Tour Confirmation**

Escape confirms tours 30 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the schedule tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you. If you need to cancel your multiday tour for any reason, your request must be in writing - email is sufficient (no phone cancellations will be accepted).

### **Travel Plans**

We advise you to avoid non-refundable flights and other travel arrangements, and are not responsible for the costs of such arrangement in the event your tour is canceled. The travel insurance offered in conjunction with our tours covers the cost of your tour, but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage if you have non-refundable travel arrangements.

For additional information please do not hesitate to call one of our experienced trip planners, and visit the [Pre-Trip Information](#) section of our website.

Please call 800-596-2953 Monday-Friday, between 8 a.m. and 4 p.m. Pacific time.

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