



## Sustainable Holiday Gift Guide for Cyclists

### 1. THE GIFT OF TIME

Though some experience-based gifts can be more expensive, you can't place a dollar value on spending time together as a family or on the memories that will come from shared experiences. Check out some of our [family adventures!](#)

### 2. RECYCLED/UPCYCLED GIFTS

Upcycling prevents things from ending up in the trash, and helps reduce the amount of natural resources that are needed to make NEW things. Choose upcycled and recycled "eco" gifts this season! We have a few cycling-related ideas, but go crazy with it!

### 3. GIFTS THAT GIVE BACK

Find out which bike-related causes are most important to your loved ones. Volunteer with them for a day or make a donation in honor of your loved ones. We suggest supporting [Save Red Rock](#) a local non-profit working to preserve the future of Red Rock Canyon Recreational Areas.

### 4. GIFT OF READING

Cyclists can be a weird bunch, identifying with more niches than ever imaginable, give the biker in your life a subscription to one of the industry's favorite magazines; [Mountain Flyer Magazine](#) published in Western Colorado! (Support Local!)

### 5. BIKE BASICS

What do you buy for the cyclist who has adorned their bike with every accessory imaginable? Go back to the essentials! Check out our essential stockings for Mountain Bikers and Roadies!

### 6. GIFT OF LEARNING

Another way to give the gift of time is to give your loved ones time to explore their own interests and abilities through lessons or coaching sessions. We know some great coaches such as [MTB Coach Gene Hamilton](#), or [Endurance Sports Coach Jon Vose!](#)

### 7. NAUGHTY OR NICE?

Be naughty, and treat yourself to a once in a lifetime bike tour with [Escape Adventures](#). Be nice, treat someone else or split the difference and book the trip for the two of you! The memories, and experiences that you will share are forever priceless!

### 8. GIFT CARDS

Gift cards are AWESOME, but they are not the most exciting presents to open. Put in some thoughtful effort with a creative gift card holder!

### 9. BIKE FIT

Getting a professional bike fit is one of the most commonly skipped steps when buying a new bike, but it is one of the most important...If you want to ride happily! [Las Vegas Cyclery](#) offers three levels of professional bike fitting, treat your cyclist this season!

### 10. SUPPORT LOCAL TRAILS

Not everyone has the time or funds to donate to causes they care about such as trail building, so donating on their behalf or finding a way to give back together is a great way to support these organizations! [IMBA](#) isn't the only great trail organization but their chapter database is a great place to start.