



OREGON CRATER LAKE AND BEND MULTI-SPORT ROAD BIKE TOUR

 Road Biking  Hiking  Rock Climbing  Rafting

-  Families with Older Kids
-  Families with Younger Kids
-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Departure: Eugene, OR
-  Tour Offered: May, Jun, Jul, Aug, Sep, Oct
-  Departs On: Sunday

-  Duration: 6 Days
-  Lodging: Luxury Inns & Restaurants
-  Fitness Level: 2-4
-  Technical Level: 1-4
-  Elevation Range: 2,000 – 8,000 ft.

Our High Lakes Multi-Sport Adventure is simply unmatched in its smartly nuanced dimensions and dynamic layers, interpreting and experiencing the best wilderness stretched across Oregon’s bejeweled interior.

Atop Crater Lake, it’s a stretch of one’s vocabulary, for a synonym to properly describe the otherworldly blue water beneath our cycling route. From the base of Mount Bachelor, we behold a bold, rakish persona, if not a discernible insularity about his prominence. Beyond Bachelor, “the little volcano with a big view”, we sweep past snow-fed lakes on a sinewy circuit of roads where astronauts trained a generation ago, preparing for Apollo missions.

Bachelor and the adjacent Deschutes National Forest wield a fantastic array of outstanding, yet little used backcountry roads. Crossing three Oregon counties, the wilderness on the Cascades’ east flank shelters waterfalls and big evergreens.

In the cool high country air, an outdoorsperson can’t help but find all manner of major contentment. From the churning edge of the Deschutes River, our narrative unfolds in multiple chapters: from cycling to rafting the rapids to rock climbing.

At Smith Rock, one of Oregon’s Seven Wonders, we experience a rock-climbing mecca nonpareil: a mix and match of soaring spires and sheer tufts of basalt. Adding to our hands-on interpretation of this landscape, Smith Rock ultimately reveals a flare for drama, projecting lengthy silhouettes, from its spikes and pinnacles onto an already truly breathtaking sunset.





THE ESCAPE ADVENTURES EXPERIENCE

For over 25 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

OUR COMMITMENT

We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





DAY 1 | Crater Lake

After meeting in Eugene, we shuttle to Butte Falls, the “biggest little town in Oregon” (pop. 423; 40-miles northeast of Medford), gateway to a number of prime outdoor recreation destinations.

Foremost among them: Crater Lake. Today’s opening ride follows the Rim Ride, what is hailed as one of the top rides in the US. Approaching the western end of Crater Lake Drive, our work’s rewarded with spectacular views of the deep, crystal clear water. Reaching a depth of 1943-ft. Crater, despite having no tributaries or inlets ranks as the ninth deepest lake in the world.

Finish the loop and close out to superb Hors d’oeuvres and the incredibly tranquil porch of Crater Lake Lodge.



Total Easy Mileage 14 Miles	Feet Gain 1689
Total Moderate Mileage 25 Miles	Feet Gain 2604
Total Seasoned Mileage 35 Miles	Feet Gain 3855
Luxury Inn Crater Lake Lodge	

DAY 2 | Cascade Lakes Highway

The next day, with Crater Lake behind us, we shuttle north for an hour and a half to the Cascade Lakes Highway. Tracing the eastern slopes of the Cascades range, the route winds through and around no less than 14 lakes. This high mountain byway lends views into the Cascades that extend hundreds of miles. At the stage’s midway point, we enjoy lunch at Elk Lake Resort.

The second stage ascends over the shoulder of Mt. Bachelor, then descends 3,000-ft., dropping into Bend (pop. 76,693), called “the perfect small city”. Tonight we’ll toast with a dazzling array of brews and locally inspired dishes to an epic day in the saddle. Off the bike, we’ll devote quality time to all that Bend has to offer.



Total Easy Mileage 30 Miles	Feet Gain 1874
Total Moderate Mileage 52 Miles	Feet Gain 2604
Total Seasoned Mileage 80 Miles	Feet Gain 3855
Luxury Inn The Oxford Hotel	



DAY 3 | Rafting the Deschutes River

Today we raft the Deschutes River, a major tributary of the Columbia River. We devote a half-day to our wet and wonderful experience. The very lifeblood of Central Oregon, the Deschutes barrels through downtown Bend. We will encounter most of the famous rapids on the Lower Deschutes, including Wapinita, Box Car, Surf City, Oak Springs and the Elevators.

After lunch, swapping flip-flops for Vibram soles, we hike Shevlin Park, one of Bend's best local trailheads. After a breezy, five-mile trek, we'll closeout with a kickback stroll around downtown Bend.



Rafting | Whitewater Raft the Deschutes River
Hiking | 2-5 miles
Total Moderate Mileage | 29 Miles
Luxury Inn | The Oxford Hotel

Feet Gain | 1689 (optional ride)

DAY 4 | Smith Rock State Park

Day four, sweeping through to Sister, deeper into the High Desert we'll lunch at the 650-acre Smith Rock State Park. The park is known for being the birthplace of modern rock-climbing. The canyonlands open onto a varied network of trails. Hike to any number of optimum viewing sites. Alternatively, you can saddle up for a glorious 30-mile route over discreet country roads into the big pine forest around Sisters. We'll be staying at Five Pine Lodge home of one of only three four diamond spas in Oregon, Shibui (25-minutes from Bend). This evening wraps in style and quiet culinary flourish: a group dinner at the intimate Open Door in downtown Sisters.



Total Easy Mileage | 36.3 Miles
Optional late afternoon ride with Trip Leader
Luxury Inn | Five Pine Lodge

Feet Gain | 1311



DAY 5 | Rock Climbing at Smith Rock State Park

Day Five is chalked up to rock climbing at Smith Rock State Park, guided astutely by a group of professional climbing instructors. The cliffs and hillsides take a commanding presence over the surrounding terrain. The main cliffs are made of volcanic welded tuff, and surrounding bands of columnar basalt lie above the winding Crooked River. After instruction, ride back or shuttle back to Sisters.



Rock Climbing | Mellow Rock Climbing at Smith Rock State Park
Total Easy Mileage | 27 Miles Feet Gain | 977
Luxury Inn | Five Pine Lodge

DAY 6 | McKenzie Pass

The day's ride connects Sisters to McKenzie Bridge via McKenzie Pass. The ride includes a 16-mile climb, with a moderate grade, peaking out with superb views of the broad lava flows and regal succession of Cascade peaks, including Mt. Hood. Our route also crosses the McKenzie River. At the historic Dee Wright Observatory, we encounter a wildly imaginative viewing station built atop a vast lava flow. Staging from here, we sweep 22-miles, near all downhill. From a pass through a dense forest canopy, the stage climaxes alongside the equally gorgeous and rambunctious McKenzie River. Following lunch, it's a shuttle back to Eugene.



Total Easy Mileage | 27 Miles Feet Gain | 312
Total Moderate Mileage | 42 Miles Feet Gain | 2503

THE IMPORTANT STUFF

Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Road Biking	14	1689	25	3210	35	4756
2	Road Biking	32	1874	52	2604	80	3855
3	Rafting Deschutes River	2 Hours					
	Hiking Shevlin Park	2-5 Miles					
	Road Biking			29 (optional ride)	1638		
4	Road Biking	36.3	1311	Optional Late Afternoon Ride With Guide			
5	Rock Climbing Smith Rock	4 Hours					
	Road Biking	27	977				
6	Road Biking	27	312	42	2503		



Road Bike Tour Fitness Levels

Level	Hours of Activity	Total Elevation Feet Gain	Road Cycling		Multi-Sport Activities		
			Road Cycling Miles	Hiking Miles	Rock Climbing	Canyoneering	Rafting/Canoeing
Easy	1	1000	10-20	1-5	Low Angle Large Handholds	Hiking/No Ropes	Relaxed, Slow Moving Water
	2	2000	20-30	5-8	Level 1 PLUS Small Handholds	Level 1 PLUS Occasional Ropes	Level 1 PLUS Easy Rapids Wide Channels
Moderate	3	3000	30-45	8-10	Level 2 PLUS Steep Angles	Level 2 PLUS Easy Rapels	Level 2 PLUS Waves, Up to 4' Narrow Channels
Seasoned	4	4000	45-75	10-12	x	Level 3 PLUS Complex Ropes, Multiple Rapels	Level 3 PLUS Long Rapids
	5	5000	75+	12-16+	x	x	Level 4 PLUS Spinning, Large Waves

HOW TO PREPARE

MULTI-SPORT

As an adventurous person, feel free to do whatever you can before the trip. You can leave these specialty sports up to us. Except for biking and hiking, no experience is necessary, just enthusiasm and an open mind ready to try some new adventures. Your level of fitness also affects how much you enjoy your tour. Check your specific itinerary for an idea of your average daily mileage and level of strenuousness, then train appropriately.



ROAD BIKE

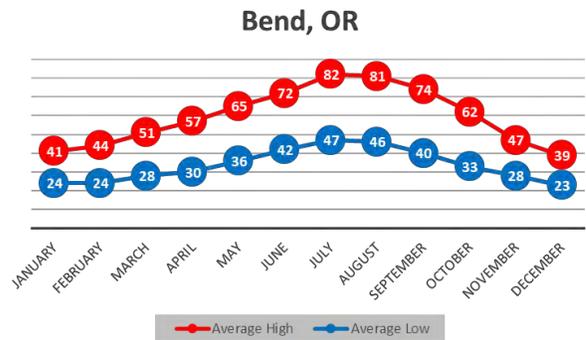
For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.

HIKING

To prepare for the tour, we recommend that you hike, jog or run at least several hours per week during the month preceding the tour. Walk/run in the shoes and sock you are bringing on the trip. This will help prevent blisters and sore feet.

WEATHER

This area enjoys the predominately dry climate of the Great Basin. Sunny days, low humidity, and cool nights provide the most common weather pattern. Please use the following locations when checking the weather online: **Bend, OR**



PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). We also suggest bringing one daypack or small backpack for valuables. Please ensure your luggage container is water repellent.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at www.escapeadventures.com/packing-lists/

BICYCLES AND GEAR

Make your trip as comfortable as possible on the body, as simple as possible for traveling, and hassle free on tour. By choosing to rent a bike from us, we will fit you with the newest, highest quality gear in the industry. Escape Adventures provides only high-end bicycles. All of our bikes are equipped with carbon fiber frames and disc brakes designed for a smooth, comfortable ride.

Specialized Roubaix Disc



Specialized has perfected the road bike. Ride confidently and comfortably for long distances.

Specialized Sirrus



Our most popular bike for moderate road bike tours is the proven Sirrus. This bike is suited for a wide range of cyclists.

Specialized Como eBike



For those of you who have wanted to join a bike tour but feared your fitness would hold you or the group back, fear no more.

Co-Motion Periscope Tandem



Our tandem is ideal for getting you and your partner or child out together, Tandem is available on request at an additional charge.

Specialized Allez 24"



The Allez Junior is specifically designed for younger riders looking to keep up (or pass) Mom and Dad. The Allez gives all the performance they need to go fast!

Specialized Hotrock 20" & 24"



Escape Adventures is one of the only tour companies to provide a specific selectin of kid's bikes for touring. Your child will feel confident on the Hotrock.

BIKE GEAR

Garmin Edge Explore GPS

All of our road bike trips include a Garmin GPS device to help you navigate through each day safely and smoothly. You'll know how far, fast, and high you've ridden on the flats or climbs or on your way through each day. Simply turn it on and start riding. No paper maps needed!



Be Seen, Be Safe

When you are on the road in the daytime, it is important to us to make sure you are seen from all directions. We offer the best daytime lighting by our partner NiteRider. Each road bike is equipped with a LUMINA MICRO 550 AND SABRE 80 COMBO with a Lumen Output: 550 and Run Time: 1:30 – 20:00 hrs.



TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited Edition Jersey.



TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

MEALS

Our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.



TRIP AMENITIES

Inns on this tour are chosen for comfort, scenery, and proximity to our activities. Cell service for this tour is spotty, Verizon is the best service to have for this area.

KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Accommodations are subject to change.

Crater Lake Lodge

570 Rim Village Dr, Crater Lake, OR 97604
(866) 292-6720

www.travelcraterlake.com

Crater Lake Lodge welcomes you with the warmth and hospitality of a bygone era. The lodge overlooks the lake at Rim Village, offering majestic views of the lake's pristine blue waters and sheer cliff walls. Enjoy an unforgettable meal at the Crater Lake Lodge Dining Room before you unwind in your cozy guest room.

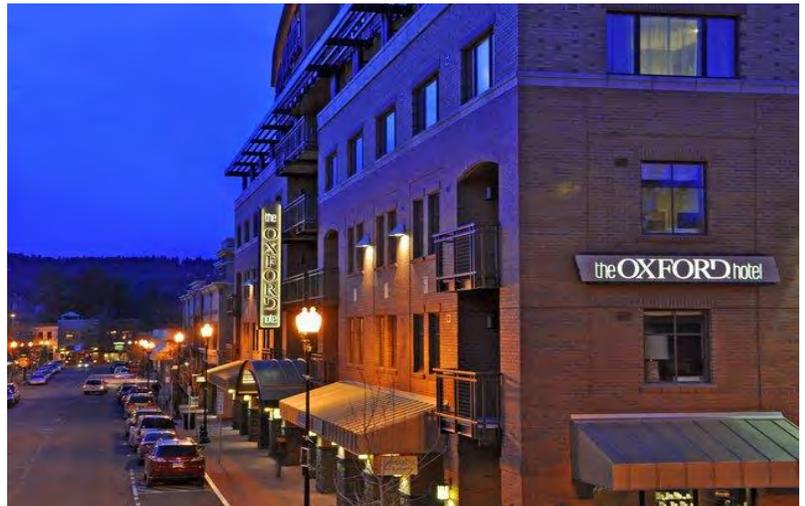


The Oxford Hotel

10 NW Minnesota Ave, Bend, OR 97703
(541) 382-8436

www.oxfordhotelbend.com

Inspired by the cosmopolitan mountain town we call home, the OXFORD hotel is a welcome respite from your outdoor adventures. Our guestrooms reflect the natural elements of the region in a luxurious ambience. Complementing our stunningly eco-chic décor, enjoy four-diamond hospitality, comfort, and convenience and lavish, eco-friendly amenities you won't find anywhere else in town.



Five Pine Lodge

1021 Desperado Trail, Sisters, OR 97759
(541) 549-5900

www.fivepinelodge.com

Modeled after a historic forestry station, our grand lodge is a blend of modern and rustic architecture. Featuring a 30-foot rock fireplace, the main lodge offers a relaxing lounge perfect for our wine hour, and 8 spacious suites. Located amidst a sprawling pine forest, 36 modern craftsman-style cabins offer an opulent and unique lodging experience. From romance to adventure, our cozy and modern cabins are sure to delight.



GATEWAY CITY: PORTLAND, OREGON

Portland, Oregon's largest city, sits on the Columbia and Willamette rivers, in the shadow of snow-capped Mount Hood. It's known for its parks, bridges and bicycle paths, as well as for its eco-friendliness and its microbreweries and coffeehouses. Iconic Washington Park encompasses sites from the formal Japanese Garden to Oregon Zoo and its railway. The city hosts thriving art, theater and music scenes.



PORTLAND INTERNATIONAL AIRPORT

PORTLAND INTERNATIONAL AIRPORT
7000 NE Airport Way, Portland, OR 97218
(503) 460-4234

www.portlandairport.com

PDX, is the largest airport in the state of Oregon. The airport is located inside the Portland city limits, 12 miles (10 km) northeast of Downtown Portland. It offers direct flights to more than 100 cities worldwide, as well as excellent shopping and dining options and, frequently, live piano music.



PORTLAND HOTELS



MCMENAMINS CRYSTAL HOTEL
303 SW 12th Ave, Portland, OR 97205
(503) 972-2670

www.mcmenamins.com/crystal-hotel



KIMPTON RIVERPLACE
1510 SW Harbor Way Portland, OR 97201
(503) 228-3233

www.riverplacehotel.com

DEPARTURE CITY: EUGENE, OREGON

Eugene, Oregon, is a Pacific Northwest city situated on the Willamette River. The University of Oregon is home to the Northwest-focused Museum of Natural and Cultural History and the Jordan Schnitzer Museum of Art, known for its Asian collections. The Fifth Street Public Market has cafes and locally owned stores. Green spaces include riverside Alton Baker Park, with extensive trails, and Hendricks Park, featuring a rhododendron garden.



MEETING AND DEPARTURE INFORMATION

MEETING LOCATION

INN AT THE 5TH
205 E 6th Ave, Eugene, OR 97401
(541) 743-4099
www.innat5th.com

DEPARTURE TIME
8:00 AM on the first day of the tour.

RETURN TIME
By 6:00 PM on the last day of the tour.



EUGENE, OREGON HOTELS



PHOENIX INN SUITES EUGENE
850 Franklin Blvd, Eugene, OR 97403
(541) 344-0001
www.phoenixinn.com/eugene



RED LION INN & SUITES EUGENE
599 E Broadway, Eugene, OR 97401
(541) 345-2331
www.redlion.com/eugene

CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury-believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product **007715**.

TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.

TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



SIMILAR TRIPS FROM ESCAPE ADVENTURES

SAN JUAN ISLANDS ROAD BIKE TOUR

-  Private Tours and Custom Tours
Solos, Couples & Friends
-  Departure: Seattle, WA
-  Tour Offered: Jun, Jul, Aug, Sep
-  Departs On: Sunday
-  Duration: 6 Days, 115-170 Miles
-  Lodging: First-Class Camping or Luxury Inns & Restaurants
-  Fitness Level: 1-3
-  Elevation Range: 0 - 3,000 ft.

From quiet pebble beaches to blossoming meadows, San Juan Islands cycling is a peaceful retreat from busy everyday life.



GRAND TETONS MULTI-SPORT ROAD BIKE TOUR

-  Families with Older Kids
Families with Younger Kids
Private Tours and Custom Tours
Solos, Couples & Friends
-  Departure: Jackson, WY
-  Tour Offered: Jun, Jul, Aug, Sep
-  Departs On: Sunday
-  Duration: 6 Days
-  Lodging: First-Class Camping or Casual & Luxury Inns & Restaurants
-  Fitness Level: 2-3
-  Elevation Range: 8,000 - 9,000 ft.

The Tetons are not merely rocks; they are a fountain of energy. This unmatched, multi-sport adventure focuses on the very best outdoor adventures the Tetons offer.

