



WYOMING

TETON AND YELLOWSTONE

MULTI-SPORT ROAD BIKE TOUR

 Road Biking  Hiking  Rock Climbing  Rafting

 Families with Older Kids
Families with Younger Kids
Private Tours and Custom Tours
Solos, Couples & Friends

 Departure: Jackson, WY

 Tour Offered: Jun, Jul, Aug, Sep

 Departs On: Sunday

 Duration: 6 Days

 Lodging: First-Class Camping or Casual & Luxury Inns & Restaurants

 Fitness Level: 2-3

 Elevation Range: 6,000 - 9,000 ft.

The Tetons are not merely rocks; they are a fountain of energy.

From an internationally acclaimed climbing destination, to an active geologic laboratory sitting atop enough magma to fill The Grand Canyon seven times over, (Park Service estimate), we get swept up in the Greater Yellowstone Ecosystem defined by no less than 17 rivers, 290 waterfalls, 4000 bison, wolf and lynx, plus the largest lake at elevation, 7733-ft. Yellowstone. Along the valley floor, our tour unfolds on bikes; riding through the Bridger-Teton National Forest, across open Bull moose and bison range. With no foothills, the Grand Tetons rise super-abruptly, a lofty 7,000-ft. from the valley floor. In the distance, the unmistakable whistle-call of elk pierces the crystalline silence. Along our journey, we encounter the area's world famous natural attractions, including Old Faithful and Yellowstone Lake. At the Grand Canyon of the Yellowstone we immerse all our senses in a magnificent waterfall. The latter plunges, with all sorts of drama over a 500-foot striated cliff, resolving into a great, mist-veiled valley.



Hugging the Gros Ventre and Wind River mountain ranges, we pedal past tributaries of the powerful Snake River. Taking up a frothy challenge, we raft the rapids: interpreting-experiencing this Big Western wilderness from a wholly different perspective. We take a ferry across majestic Jenny Lake; hike up Cascade Canyon, in the heart of the Tetons, then test out our skills with a beginner rock climbing adventure.

From subterranean pressure cooker to the vast aboveground paradise, this unmatched, multi-sport adventure focuses on the very best outdoor adventures the Tetons offer. Moreover, you have the option to complete each day, in either a beautiful camping location, or casual inns tour. Either way, expect to pile on the superlatives when it comes time to pen your postcards!



THE ESCAPE ADVENTURES EXPERIENCE

For over 25 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

OUR COMMITMENT

We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





DAY 1 | Ride Antelope Flats in the Tetons

Meet in Jackson. Our adventure launches from Jackson, the phenomenal majesty of the 40-mile long Tetons spread akin to a royal procession, pushed up to the sky's very edge before our humble tour. Our route stays mostly within the 310,000-acre Grand Teton National Park. Along with 2.2-million acre Yellowstone National Park, plus adjoining national forests, we're immersed in, and moreover nurtured by no less than 18-million acres of wilderness. Called the Greater Yellowstone Ecosystem, our group experiences the world's largest intact biome or bionetwork (at mid latitude). Put another way, we're cycling amidst the largest concentration of big and small mammals in the Lower 48: Wyoming moose to grizzly bear, wolf, bison and bighorn sheep, elk, black bear, pronghorn antelope to puma, mountain goat, otter, bald eagle, pine marten to marmot. Our ride is smooth and scenic and a great introduction to our week.

Total Easy Mileage | 21 Miles

Feet Gain | 656

First-Class Camping: Gros Venture | Inn: Lexington at Jackson Hole



DAY 2 | Whitewater Rafting Expedition

The coolest thing you'll do all summer! Today's adventure takes us to the Snake River. A 1078-mile tributary of the Columbia, the Snake River originates in Wyoming. Discharging 54,830-cubic feet per second (on average), the Snake then carves its way across Southern Idaho. This is the place the legendary Ansel Adams shot his iconic, 1942 black and white image: the Snake river—also called Mud, Shoshone and Yam-pah-pa—bent at a serpent-like hard right beneath the 13,775-ft high Tetons.

We plunge through 8 miles of rapids at every turn along the Snake River. Legendary rapids like Big Kahuna, Lunch Counter and Cottonwood are waiting to soak you. After lunch relax, or ride up Teton Pass and back, or go a little easier along the family friendly bike path through Jackson -the perfect way to cap off a great day.

Rafting | Whitewater Raft the Snake River

First-Class Camping: Gros Venture | Inn: Lexington at Jackson Hole





DAY 3 | Rock Climbing and Hiking the Tetons

Today we take a short shuttle to Jenny Lake in Teton NP. This will be an early morning, because we will be spending a full day in the Teton Backcountry on foot. The adventure starts with a shoe and harness fitting we will take a ferry across majestic Jenny Lake. We will then hike up Cascade Canyon located in the heart of the Tetons. This is where we will get to test out our skills on the rock. You will spend the day climbing routes based on your ability. This program works well and is the most popular for individuals, groups of friends, and families. Leaving Teton National Park, we cross into the 3.4-million acre Bridger-Teton National Forest, the third largest outside Alaska.

Rock Climbing | Mellow Rock Climbing on the Tetons
First-Class Camping: Hatchet | Inn: Hatchet Resort



DAY 4 | Bike and Hike Yellowstone

After a hearty and superb breakfast, we shuttle into Yellowstone National Park. After a quick stop at West Thumb, we will begin our ride past beautiful Yellowstone Lake. Along Grand Loop Road we pass herds of wild bison and other wildlife. Near Artist Point, we stop to hike two-miles down to the breathtaking Grand Canyon of the Yellowstone River. The roaring splendor of the Upper and Lower Falls unfolds before us from a canyon overlook, conjuring an open-air Imax Theatre, its columns plunging dramatically into the Yellowstone River. A tributary of the Missouri River, the 692-mile long Yellowstone was so named for the yellow sandstone bluffs highlighting the canyon walls. We finish our day at Canyon Village in Yellowstone NP.

Total Easy Mileage | 17 Miles Feet Gain | 1079
Total Moderate Mileage | 37 Miles Feet Gain | 2130
Total Hiking Mileage | 2 Miles Feet Gain | 82
First-Class Camping: Canyon Village | Inn: Canyon Lodge





DAY 5 | Bike and Hike Yellowstone

Another day, another embarrassment of riches. From Canyon Village, our tour proceeds counterclockwise around YNP, ultimately crossing the Continental Divide. Our stage follows the route of the Old Faithful Cycle Tour and cycles further into geothermal Disneyland, sweeping past a phantasmagoric succession of percolating mud pots, hot springs and belching fumaroles: from Morning Glory Pool to Biscuit Basin, and the Grand Prismatic Spring, all fed by an upper mantle reactor of volcanic magma. Finally, our tour unfolds at Old Faithful. Blowing every 44 to 125-minutes, Old Faithful's cone geyser reaches a height of 106 to 185-ft. Finishing out the day we cross over the Continental Divide then descend to West Thumb followed by a shuttle back to our lodging for the night.

Total Easy Mileage 18 Miles	Feet Gain 1840
Total Moderate Mileage 34 Miles	Feet Gain 2746
Total Seasoned Mileage 59 Miles	Feet Gain 3567
First-Class Camping: Hatchet Inn: Hatchet Resort	



DAY 6 | Ride Jenny Lake and the Tetons

Staying true to our extra bold theme, our closeout day begins with a hearty Wyoming country breakfast. A short shuttle to the north end of Teton National Park unfolds as we descend for nearly 30 miles through the Park. Passing Jenny Lake, stopping for lunch trailside, we join the bike path that sweeps in smart fashion alongside the base of the celebrated Jackson Hole ski resort. We spend some time in Moose and the NP Visitor Center then finish our tour back in beautiful Jackson.

Total Easy Mileage 23 Miles	Feet Gain 260
Total Moderate Mileage 35 Miles	Feet Gain 598



Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Road Biking	21	656				
2	Rafting	Whitewater Raft Snake River					
3	Rock Climbing	Mellow Rock Climbing On The Tetons					
4	Road Biking	17	1079	37	2130		
	Hiking	Hike the Grand Canyon of Yellowstone - 2 Miles, 82' Gain					
5	Road Biking	18	1840	34	2746	59	3567
6	Road Biking	23	260	35	598		

Road Bike Tour Fitness Levels

		Road Cycling			Multi-Sport Activities				
Level	Hours of Activity	Total Elevation Feet Gain	Road Cycling Miles	Hiking Miles	Rock Climbing	Canyoneering	Rafting/Canoeing		
Easy	1	1-3	1000	10-20	1-5	Low Angle Large Handholds	Hiking/No Ropes	Relaxed, Slow Moving Water	
	2	2-4	2000	20-30	5-8	Level 1 PLUS Small Handholds	Level 1 PLUS Occasional Ropes	Level 1 PLUS Easy Rapids Wide Channels	
Moderate	3	3-5	3000	30-45	8-10	Level 2 PLUS Steep Angles	Level 2 PLUS Easy Rapels	Level 2 PLUS Waves, Up to 4' Narrow Channels	
Seasoned	4	4-6	4000	45-75	10-12	x	Level 3 PLUS Complex Ropes, Multiple Rapels	Level 3 PLUS Long Rapids	
	5	5-7	5000	75+	12-16+	x	x	Level 4 PLUS Spinning, Large Waves	

HOW TO PREPARE

MULTI-SPORT

As an adventurous person, feel free to do whatever you can before the trip. You can leave these specialty sports up to us. Except for biking and hiking, no experience is necessary, just enthusiasm and an open mind ready to try some new adventures. Your level of fitness also affects how much you enjoy your tour. Check your specific itinerary for an idea of your average daily mileage and level of strenuousness, then train appropriately.

ROAD BIKE

For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.

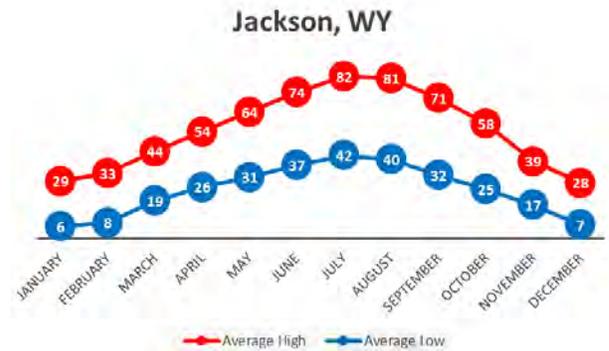


HIKING

To prepare for the tour, we recommend that you hike, jog or run at least several hours per week during the month preceding the tour. Walk/run in the shoes and sock you are bringing on the trip. This will help prevent blisters and sore feet.

WEATHER

Weather predictions in this area are often unreliable due to the elevation, so it is best to be prepared for cold nights and inclement weather. Please use the following locations when checking the weather online: JACKSON, WY



PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). We also suggest bringing one daypack or small backpack for valuables. Please ensure your luggage container is water repellant.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at www.escapeadventures.com/packing-lists/

BICYCLES AND GEAR

Make your trip as comfortable as possible on the body, as simple as possible for traveling, and hassle free on tour. By choosing to rent a bike from us, we will fit you with the newest, highest quality gear in the industry. Escape Adventures provides only high-end bicycles. All of our bikes are equipped with carbon fiber frames and disc brakes designed for a smooth, comfortable ride.

Specialized Roubaix Disc



Specialized has perfected the road bike. Ride confidently and comfortably for longer distances.

Specialized Sirrus



Our most popular bike for moderate road bike tours is the proven Sirrus. This bike is suited for a wide range of cyclists.

Specialized Como eBike



For those of you who have wanted to join a bike tour but feared your fitness would hold you or the group back, fear no more.

Co-Motion Periscope Tandem



Our tandem is ideal for getting you and your partner or child out together, Tandem is available on request at an additional charge.

Specialized Allez 24"



The Allez Junior is specifically designed for younger riders looking to keep up (or pass) Mom and Dad. The Allez gives all the performance they need to go fast!

Specialized Hotrock 20" & 24"



Escape Adventures is one of the only tour companies to provide a specific selectin of kid's bikes for touring. Your child will feel confident on the Hotrock.

BIKE GEAR

Garmin Edge Explore GPS

All of our road bike trips include a Garmin GPS device to help you navigate through each day safely and smoothly. You'll know how far, fast, and high you've ridden on the flats or climbs or on your way through each day. Simply turn it on and start riding. No paper maps needed!



Be Seen, Be Safe

When you are on the road in the daytime, it is important to us to make sure you are seen from all directions. We offer the best daytime lighting by our partner NiteRider. Each road bike is equipped with a LUMINA MICRO 550 AND SABRE 80 COMBO with a Lumen Output: 550 and Run Time: 1:30 – 20:00 hrs.



TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited Edition Jersey.



TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, personal camping gear (if applicable), or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

MEALS

Our Trip Leaders prepare all of your meals on our camping trips. On inns tours our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.



TRIP AMENITIES

First-class campers will enjoy well-maintained public campgrounds. Inns on this tour are chosen for comfort, scenery, and proximity to our activities. Cell service for this tour is spotty, Verizon is the best service to have for this area.

KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Inns are subject to change.

ACCOMMODATIONS

LEXINGTON AT JACKSON HOLE HOTEL & SUITES

285 N Cache St, Jackson, WY 83001

(307) 733-2648

www.lexingtonhoteljacksonhole.com

A 5-minute walk from Jackson Town Square, this upscale, lodge-style hotel is a mile from skiing at the Snow King Mountain Resort and 9 miles from Jackson Hole Airport.

Hotel amenities include an indoor pool.

Room amenities include whirlpool tubs, fireplaces, decks and/or sitting areas.



THE HATCHET RESORT

19980 US-287, Moran, WY 83013

(307) 543-2413

www.hatchetresort.com

Built in 1954, this quaint resort on 7 acres surrounded by mountains is 8 miles from Grand Teton National Park and 35 miles from Yellowstone National Park. The Hatchet offers a glimpse of the life of early settlers to Jackson Hole.

Amenities include a grill restaurant and homey tavern called the Hatchet Grill & Whetstone, which serves “hearty mountain cuisine – featuring everything from trout and steaks to their famous Hatchet Burger.”



CANYON LODGE & CABINS

Canyon Lodge, 41 Clover Ln, YNP, WY 82190

(307) 344-7311

www.yellowstonenationalparklodges.com

Canyon Lodge and Cabins is a sprawling facility, featuring the most accommodations in Yellowstone with more than 500 rooms and cabins, located on the east side of the park near the Grand Canyon of the Yellowstone River.

Inside the Lodge diners can indulge at their many different eating options.



FIRST-CLASS CAMPING AT TETON AND YELLOWSTONE



There is nothing better than rolling into camp to fresh made chips and salsa, homemade guacamole and Dutch oven enchiladas. Then making your way to the inviting campfire, sharing your favorite anecdote or image from the day's activities while marshmallows roast. Enjoy a small-batch local beer before retiring to your tent where inside a sturdy raised cot, fluffy sleeping bag, and a plush full size pillow await.

We choose well-maintained public campgrounds with scenic vistas. The majority feature indoor facilities and showers. However, in more remote backcountry camping scenarios, we'll provide portable toilets and private solar showers.

CAMPING GEAR RENTALS



Camping gear may be rented or you may bring your own. Our camp gear package includes a three-man tent with ground tarp, sleeping bag, bag liner, full size pillow, raised cot and self-inflating ground pad.

GATEWAY CITY: SALT LAKE CITY, UTAH

Salt Lake City, Utah's high-elevation capital, is bordered by the buoyant waters of the Great Salt Lake and the snow-capped peaks of the Wasatch Range. Downtown's 10-acre Temple Square, headquarters of the Mormon Church, is home to the majestic, 19th-century Salt Lake Temple and the neo-Gothic Assembly Hall. The acclaimed Mormon Tabernacle Choir performs in the square's domed Tabernacle.



SALT LAKE CITY AIRPORT

SALT LAKE CITY INTERNATIONAL AIRPORT
776 N Terminal Dr, Salt Lake City, UT 84122
(801) 575-2400

www.slairport.com

Salt Lake City International Airport is a civil-military airport located about 4 miles west of Downtown Salt Lake City, Utah in the United States. The airport is the closest commercial airport for more than 2.5 million people and is within a 30-minute drive of nearly 1.3 million jobs. The airport is a hub for Delta Air Lines.



SALT LAKE CITY HOTELS



HOTEL RED LION SALT LAKE CITY
161 W 600 S, Salt Lake City, UT 84101
(801) 521-7373

www.redlion.com



KIMPTON HOTEL MONACO SALT LAKE CITY
15 W 200 S, Salt Lake City, UT 84101
(801) 595-0000

www.monaco-saltlakecity.com

DEPARTURE CITY: JACKSON, WYOMING

Jackson is a town in Wyoming's Jackson Hole valley, home to 3 ski areas: Jackson Hole Mountain Resort, Snow King Mountain Resort and Grand Targhee Resort. The Town Square features arches made of shed antlers from the nearby National Elk Refuge. The National Museum of Wildlife Art has works by Andy Warhol and Georgia O'Keeffe. North are the peaks of Grand Teton National Park, as well as vast Yellowstone National Park.



MEETING AND DEPARTURE INFORMATION

MEETING LOCATION

LEXINGTON AT JACKSON HOLE HOTEL & SUITES
285 N Cache St, Jackson, WY 83001
(307) 733-2648
www.lexingtonhoteljacksonhole.com



DEPARTURE TIME

7:30 AM on the first day of the tour.

RETURN TIME

By 5:00 PM on the last day of the tour.

JACKSON, WYOMING HOTELS



MILLER PARK LODGE
155 N Jackson St, Jackson, WY 83001
(307) 733-4858
www.millerparklodge.net



THE PARKWAY INN
125 N Jackson St, Jackson Hole, WY 83001
(307) 733-3143
www.parkwayinn.com

CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury-believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product 007715.

TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.

TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



SIMILAR TRIPS FROM ESCAPE ADVENTURES

BRYCE, ZION & GRAND CANYON ROAD BIKE TOUR

-  Families with Older Kids
-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Departure: St. George, UT
-  Tour Offered: May, Jun, Jul, Aug, Sep
-  Departs On: Sunday
-  Duration: 7 Days
-  Lodging: First-Class Camping or Casual Inns
-  Fitness Level: 3-5
-  Elevation Range: 4,000 - 10,000 ft.

Bryce Canyon, Zion National Park, and the Grand Canyon, are a trio of nature's finest. 3 national parks, one tour!



ROCKY MOUNTAIN ROAD BIKE TOUR

-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Departure: Durango, CO
-  Tour Offered: Jun, Jul, Aug, Sep
-  Departs On: Monday
-  Duration: 5 Days
-  Lodging: Casual Inns
-  Fitness Level: 3-5
-  Elevation Range: 6,000 - 11,000 ft.

Breathe the crisp mountain air, as picturesque roads lead you through a sea of Rocky Mountain peaks rising all around you.

