



## ARIZONA

# TUCSON & SAGUARO NATIONAL PARK

## ROAD BIKE TOUR

### Road Biking

-  Private Tours and Custom Tours  
Solos, Couples & Friends
-  Departure: Tucson, AZ
-  Tour Offered: Feb, Mar, Apr, Sep, Oct
-  Departs On: Monday
-  Duration: 5 Days
-  Lodging: Luxury Inns & Restaurants
-  Fitness Level: 3-4
-  Elevation Range: 2,000 - 8,000 ft.

Enjoy a wintertime retreat to America's Southwestern prize - Tucson, Arizona. Tucson has a long history of embracing cycling, from brevets and randonnees, to road racing, to cyclotourists, mountain bikers, and commuters, and has been named a top Best Bike Friendly City in America. As one travel journalist put it, "Tucson is a dream landscape for a cyclist worth his or her electrolytes."

That velo dreamscape starts with the widely envied winter climate. Then the tire meets the endless backroads on vast expanses of wide-open desert. But looming above all that great horizontal, the routes cyclists savor come some world-class ascents: Mount Lemmon, at 9157-feet, represents the high point in the Santa Catalina range on the cities' northern edge. Broad in the shoulders (for enhanced safety-passing) and curvy in all the right places, Lemmon's 7000-ft of elevation gain are made all the more dramatic for the otherworldly rock formations coupled to breathtaking views. Since our tour is fully supported, choose to shuttle halfway up (or to the top if you like) and simply enjoy the descent.



Saving Lemmon, the big prize for our finale, our tour de Tucson builds out with stages in Saguaro National Park, on gorgeous loops through the 95,000-acre wilderness. At the Tumacacori National Historic site, we glide into the Long Ago: a beautifully preserved 17th century adobe mission set atop a high, golden plain that evokes the Argentinean pampa. At this cultural crossroad, built in 1691, Old Spain—Jesuits and Franciscan missionaries—met the New World, namely O'odham (Pima), Yaqui and Apache. Another stage takes us through glorious tall grass prairie and sensuously rolling hills in and around Sonoita. Here we visualize old Tucson, and what's known as Arizona's Mountain Empire: the Santa Rita, Whetstone, Huachuca and Patagonia ranges. Besides the great stands of Saguaro cacti, the rich and diverse habitat of Javelina and Roadrunner, we course through the neighborhood of "El Jefe". No less than a Tucson celebrity, Jefe is one of the last remaining non-captive jaguars roaming the wild.

By virtue of Tucson's progressive light pollution codes, fantastic stargazing lights up our evenings. Likewise, each meal here gets across the board- five stars.



# THE ESCAPE ADVENTURES EXPERIENCE

For over 25 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

## OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

## OUR COMMITMENT

We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

## OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

## OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





## DAY 1 | Tucson

Meet in Tucson: modern, progressive and physically becoming. After an authentic Mexican meal, we carve into a local favorite: the Tucson Loop. We ride the high-altitude grasslands around Sonoita, Arizona's wine country. Drinking in the crisp air at 5,000-ft., we follow the scenic road around "vineyard alley". Continue to Patagonia Lake and the village of Patagonia: a onetime mining/railroad hub turned arts-crafts and superb coffee habitué. On riverside roads, we revel in magnificent High Desert with Pampas-like scenery: adobe houses mixed in with gracious, Old Spanish style ranches.

Total Moderate Mileage | 59 Miles  
Luxury Inn: Hacienda Del Sol

Feet Gain | 1158



## DAY 2 | Tumacácori

Today we drop into the Spanish mission of Tumacácori, now a National Historic Monument. At the adjacent village of Tubac, we decompress amidst a former Spanish fort turned vibrant arts colony. Stopping at the Arizona-Sonora Desert Museum, we immerse in an innovative presentation of flora and fauna in region-specific ecological exhibits. Closing out a magnificent opener, we dissolve into the quintessential Arizona landscape, through dense stands of massive Saguaros and ultimately into a desert oasis.

Total Easy Mileage | 33 Miles  
Total Moderate Mileage | 47 Miles  
Luxury Inn: Hacienda Del Sol

Feet Gain | 1152  
Feet Gain | 2832





## DAY 3 | Pistol Hill

From a warm-up ride on the Old Spanish Trail, we merge onto Pistol Hill. A signature Southern Arizona ride, Pistol Hill offers 40-miles of bike dedicated lane—with scant motorized traffic—through Saguaro National Park/East. Expect upwards of 1600-ft of climbing, an equal amount of descent just beyond the reach of long-armed Saguaro cactus, (which grow nowhere else on Earth).

Total Easy Mileage | 20 Miles  
Total Moderate Mileage | 41 Miles  
Total Seasoned Mileage | 52 Miles  
Luxury Inn: Hacienda Del Sol

Feet Gain | 242  
Feet Gain | 1525  
Feet Gain | 2310



## DAY 4 | Mount Lemmon

The following day we meet the challenge: the 30-mile Mount Lemmon route, the very centerpiece of our tour de Tucson, if not a route beyond categorization. Here we cycle up what biologists call a “sky island”: by turns isolated and richly diverse mountaintop habitat.

Total Easy Mileage | 28 Miles  
Total Moderate Mileage | 36 Miles  
Total Seasoned Mileage | 57 Miles  
Luxury Inn: Hacienda Del Sol

Feet Gain | 1272  
Feet Gain | 2817  
Feet Gain | 8005



## DAY 5 | Gates Pass

More of the same world-class signature rides. On Gates Pass, at 3172-ft, we pedal one of the most scenic rides in The West. On Tucson’s west end, we wind it on a narrow road, through rich High Desert environs; Saguaros standing watch on the steep hillsides. Closing out at Tucson’s Mountain Park, we then shuttle back to our hotel and airport.

Total Moderate Mileage | 33 Miles

Feet Gain | 1686

## Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Road Biking	Take Shuttle At Any Time		59	1158		
2	Road Biking	33	1152	47	2832		
3	Road Biking	20	242	41	1525	52	2310
4	Road Biking	28	1272	36	2817	57	8005
5	Road Biking			33	1686		

## Road Bike Tour Fitness Levels

Level	Hours of Activity	Total Elevation Feet Gain	Road Cycling Miles	Hiking Miles
Easy	1	1000	10-20	1-5
	2	2000	20-30	5-8
Moderate	3	3000	30-45	8-10
Seasoned	4	4000	45-75	10-12
	5	5000	75+	12-16+



# HOW TO PREPARE

## ROAD BIKE

For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.

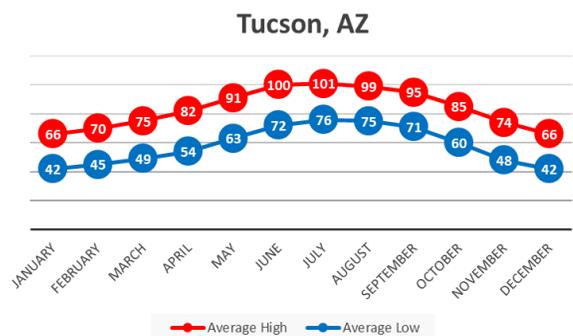
## HIKING

To prepare for the tour, we recommend that you hike, jog or run at least several hours per week during the month preceding the tour. Walk/run in the shoes and sock you are bringing on the trip. This will help prevent blisters and sore feet.



## WEATHER

You will be riding and sleeping at elevations over 4,000 ft. for this trip. Weather predictions in this area are often unreliable due to the elevation, so it is best to be prepared for cold evenings and inclement weather. Please use the following locations when checking the weather online:  
**TUCSON, AZ**



## PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). Please ensure your luggage container is water repellent. We also suggest bringing a hydration daypack or small backpack for valuables.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at [www.escapeadventures.com/packing-lists/](http://www.escapeadventures.com/packing-lists/)

# BICYCLES AND GEAR

Make your trip as comfortable as possible on the body, as simple as possible for traveling, and hassle free on tour. By choosing to rent a bike from us, we will fit you with the newest, highest quality gear in the industry. Escape Adventures provides only high-end bicycles. All of our bikes are equipped with carbon fiber frames and disc brakes designed for a smooth, comfortable ride.

## Specialized Roubaix Disc



Specialized has perfected the road bike. Ride confidently and comfortably for longer distances.

## Specialized Sirrus



Our most popular bike for moderate road bike tours is the proven Sirrus. This bike is suited for a wide range of cyclists.

## Co-Motion Periscope Tandem



Our tandem is ideal for getting you and your partner or child out together, Tandem is available on request at an additional charge.

## Specialized Creo eBike



## Specialized Como eBike



For those of you who have wanted to join a bike tour but feared your fitness would hold you or the group back, fear no more. The new Turbo eBikes from Escape Adventures now allow you to travel further distances and explore new areas. The pedal assisted technology also allows beginner and novice riders to join in on more challenging routes and terrain.

# BIKE GEAR

## Garmin Edge Explore GPS

All of our road bike trips include a Garmin GPS device to help you navigate through each day safely and smoothly. You'll know how far, fast, and high you've ridden on the flats or climbs or on your way through each day. Simply turn it on and start riding. No paper maps needed!



## Be Seen, Be Safe

When you are on the road in the daytime, it is important to us to make sure you are seen from all directions. We offer the best daytime lighting by our partner NiteRider. Each road bike is equipped with a LUMINA MICRO 550 AND SABRE 80 COMBO with a Lumen Output: 550 and Run Time: 1:30 – 20:00 hrs.



## TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited Edition Jersey.



## TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

## MEALS

Our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.



## TRIP AMENITIES

The inns on this tour are chosen for comfort, scenery, and proximity to our activities.

## KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Accommodations are subject to change.



**HACIENDA DEL SOL**  
5501 N Hacienda Del Sol Rd  
Tucson, AZ 85718  
(520) 299-1501 or (800) 728-6514  
[www.haciendadelsol.com](http://www.haciendadelsol.com)

Nestled at the base of the Santa Catalina Mountain Range, Hacienda Del Sol is a relaxing refuge with breathtaking views and a storied history. Hacienda Del Sol is included in the National Registry of Historic Places in Arizona and is a member of Historic Hotels of America. Hacienda Del Sol was named a Forbes 4-STAR hotel in 2019. Each room is designed to mirror and complement the natural opulence of the Sonoran Desert. Room amenities include Cable TV, Custom Bath Amenities, Flat Screen TV, Free Local Calls, Free WiFi, Hair dryer, High Speed Internet Access, Ipod Docking Station, Ironing Board, Pillowtop Mattress, Compact Refrigerator, Robes, and Complimentary Signature Coffee/Tea Service.



## GATEWAY/DEPARTURE CITY: TUCSON, ARIZONA

Guest ranches, horseback rides, and cattle drives recall Old West roots, but you'll also find yourself smack-dab in a hub of spas, resort hotels, and championship golf courses...not to mention amazing, trend-setting restaurants. Tucson was the first city to earn the designation of World City of Gastronomy by UNESCO. Plus, with a thriving visual and performing arts scene and respected galleries and museums, Tucson's vibrant multicultural heritage shines.



### TUCSON INTERNATIONAL AIRPORT

TUCSON INTERNATIONAL AIRPORT  
7250 S Tucson Blvd, Tucson, AZ 85756  
(520) 573-8100  
[www.flytucson.com/](http://www.flytucson.com/)

Tucson International Airport is a civil-military airport owned by the City of Tucson 8 miles south of downtown Tucson, in Pima County, Arizona. It is the second busiest airport in Arizona, after Phoenix Sky Harbor International Airport, serving nearly 3.8 million airline passengers annually.



### TUCSON HOTELS

Lodge On The Desert  
306 N Alvernon Way, Tucson, AZ 85711  
(520) 320-2000  
[www.lodgeonthedesert.com](http://www.lodgeonthedesert.com)

Holiday Inn Express & Suites Tucson  
1564 W. Grant Road, Tucson, Arizona 85745  
(520) 624-3200  
[www.ihg.com](http://www.ihg.com)

### MEETING AND DEPARTURE INFORMATION

#### MEETING LOCATION

HACIENDA DEL SOL  
5501 N Hacienda Del Sol Rd Tucson, AZ 85718  
(520) 299-1501 or (800) 728-6514  
[www.haciendadelosol.com](http://www.haciendadelosol.com)

#### DEPARTURE TIME

8:30 AM on the first day of the tour.

#### RETURN TIME

By 3:00 PM on the last day of the tour.



## CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

## TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury—believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product **007715**.

## TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

## TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.

## TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



## SIMILAR TRIPS FROM ESCAPE ADVENTURES

### BRYCE, ZION & GRAND CANYON ROAD BIKE TOUR

-  Families with Older Kids
-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Departure: St. George, UT
-  Tour Offered: May, Jun, Jul, Aug, Sep
-  Departs On: Sunday
-  Duration: 7 Days
-  Lodging: First-Class Camping or Casual Inns
-  Fitness Level: 3-5
-  Elevation Range: 4,000 - 10,000 ft.



Bryce Canyon, Zion National Park, and the Grand Canyon, are a trio of nature's finest. 3 national parks, one tour!

### ROCKY MOUNTAIN ROAD BIKE TOUR

-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Departure: Durango, CO
-  Tour Offered: Jun, Jul, Aug, Sep
-  Departs On: Monday
-  Duration: 5 Days
-  Lodging: Casual Inns
-  Fitness Level: 3-5
-  Elevation Range: 6,000 - 11,000 ft.



Breathe the crisp mountain air, as picturesque roads lead you through a sea of Rocky Mountain peaks rising all around you.