












ARKANSAS BENTONVILLE MOUNTAIN BIKE TOUR

-  Families with Older Kids
Families with Younger Kids
Private Tours and Custom Tours
Solos, Couples & Friends
-  Departure: Tulsa, OK
-  Tour Offered: Mar, Apr, May, Jun, Sep, Oct
-  Departs On: Monday
-  Duration: 5 Days
-  Lodging: Luxury Vacation Home
-  Fitness Level: 1-5
-  Technical Level: 1-5
-  Elevation Range: 1,000 - 3,000 ft.

Thanks to its existing natural beauty, and a thoughtful rebrand, Bentonville is blossoming into a delightful haven for mountain biking adventurers.

If you didn't know, this charming town is the birthplace of Walmart. Back in 1951, it's where Sam Walton opened "Walton's 5&10 Variety Store," which grew to be the world's largest retailer. Join us as we celebrate the debut of this southern belle.

Bike the lush foothills of the Ozark Mountains. Explore over 140 miles of hard and soft trails, ranked a Silver-Level Ride Center by the Mountain Biking Association.

Whether you are an experienced rider or a beginner, Bentonville has something for everyone to enjoy. Off the bike seat, discover Bentonville's unique scene of art, music, and food. Ever heard of an annual World Champion Squirrel Cook-off? Neither have we. Let's go check it out!





THE ESCAPE ADVENTURES EXPERIENCE

For over 30 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

OUR COMMITMENT

We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





DAY 1 | Slaughter Pen

After departing from Tulsa, Oklahoma a morning shuttle will deliver us to downtown Bentonville. A light lunch and bike check will have us on the trails in no time. Our first ride leaves right from downtown and takes us right into the Slaughter Pen! Ok, just kidding (sort of) the Slaughter Pen trail system is located right in the heart of Bentonville. Built over a former livestock management area, it now sits next to the Crystal Bridges Museum of American Art and the beautiful Razorback Regional Greenway. On this first day of riding you can expect something for everyone.

Total Mileage | 17 miles
Lodging: Luxury Vacation Home

Feet Gain | 1831



DAY 2 | Little Sugar Trail

Today's ride takes us to the hollers and ravines of the new Little Sugar trail system. This network of trails takes riders under bluffs along Sugar Creek and to a waterfall on Tanyard Creek as it wraps its way around Windsor and Avalon Lakes.

Expect plenty of switchbacks and berms, as well as more advanced features like drops and jumps that have been generously sprinkled in throughout the system. You should also be prepared to stop and take in the lakes, creeks, waterfalls, caves, and other nooks and crannies found along the trail system that will make you forget you're just an Uber call away from your hotel or SAG in the event of a flat tire. Be ready to use those climbing legs, too. The descents are a roller coaster, but you have to earn them.

This afternoon, we will head to downtown Bentonville to tour the first Walton 5&10. The museum is in the original 5&10 that Sam Walton opened in 1950 on Bentonville's town square. There you can see memorabilia from the early days in the store.

Total Mileage | 26 miles
Lodging: Luxury Vacation Home

Feet Gain | 2698





DAY 3 | The Back 40

The Back 40 trail system weaves its way up and down the ridges and valleys that undulate across the east side of Bella Vista, so you're in for grinding climbs that alternate with fast, swooping descents. The 21-mile Back 40 Loop encircles the whole network with additional miles of trails crisscrossing the interior.

Memorable sections will include "The Ledges", a trail that gets its name from the karst ledges riders have to traverse along the route. Portions of Rago have also been rebuilt to include rock features and jumps. Despite being close to Bentonville, these miles will make you feel like you are in the middle of nowhere.

Total Mileage | 21 miles
Lodging: Luxury Vacation Home

Feet Gain | 1978



DAY 4 | Hobbs State Park and Crystal Bridges Art Museum

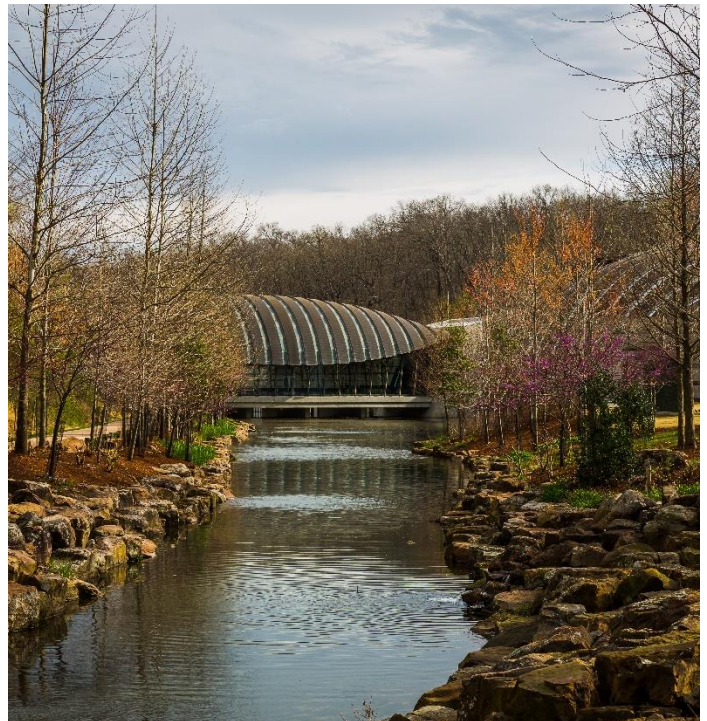
Today's ride will take us to Hobb's State Park, Arkansas's largest state park, spanning a 12,054-acre tract of Ozark landscape along the southern shore of Beaver Lake. This area of the Ozarks consists of plateaus, ridges, valleys, and streams featuring a forest of pine, oak and hickory. There are also disappearing streams, springs and seeps that have carved the many hollows in this fragile limestone landscape.

Trail-wise, there will be great diversity this morning, like most of Bentonville's riding. Flowing ridge rides, short climbs, and rolling descents - this will be an awesome morning of riding with a delicious break for a picnic lunch!

This afternoon we will visit the Crystal Bridges Art Museum, a world-class collection of American art, stunning architecture, and 120 acres of Ozark forest (including five miles of trails!) Walking through the chronologically arranged galleries of the collection is like cramming an Intro to American Art class into one day.

Total Mileage | 24 miles
Lodging: Luxury Vacation Home

Feet Gain | 2238





DAY 5 | Coler Preserve

Our final day we will put all our new skills to test. Even though this trail system is small, an incredible amount of work has been put into it!

Although you might think you are in the backcountry of the Ozarks while riding Coler, the trails are located about two miles west of downtown Bentonville. These trails feature something for everyone. From multiple flowy jump lines, challenging technical rocky sections to several huge gap jumps.

We will visit the “Hub” near the top of the mountain, a 20-foot-tall steel-and-wood structure that guides riders to the start of three downhill runs. From there, you can choose which trail to take and the level of difficulty.

Don't worry, we will do lots of loops since you will never get enough of these trails!

After lunch we will shuttle back to Tulsa.



Total Mileage | 16 miles Feet Gain | 1878



THE IMPORTANT STUFF

Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Mountain Biking			17	1831		
2	Mountain Biking					26	2698
3	Mountain Biking			21	1978		
4	Mountain Biking			24	2238		
5	Mountain Biking			16	1878		

Mountain Bike Tour Technical Levels

Level	Description
Easy	1 Maintained Gravel Roads, Easy Grades
	2 Level 1 PLUS Unmaintained Dirt Roads, Maintained Singletrack Trail
Moderate	3 Level 2 PLUS Moderate Grades, Some Unmaintained Singletrack
Seasoned	4 Level 3 PLUS Rocky Terrain – PLUS Longer, Steeper Ascents & Descents
	5 Level 4 PLUS Some Exposed Sections Of Trail, Some Loose Climbs & Descents



Mountain Bike Tour Fitness Levels

Level	Hours of Activity	Total Elevation Feet Gain	Mountain Bike Miles	Hiking Miles
Easy	1 1-3	700	5-10	1-5
	2 2-4	1200	10-15	5-8
Moderate	3 3-5	1800	15-25	8-10
Seasoned	4 4-6	2200	25-35	10-12
	5 5-7	3000	35-50+	12-16+



HOW TO PREPARE

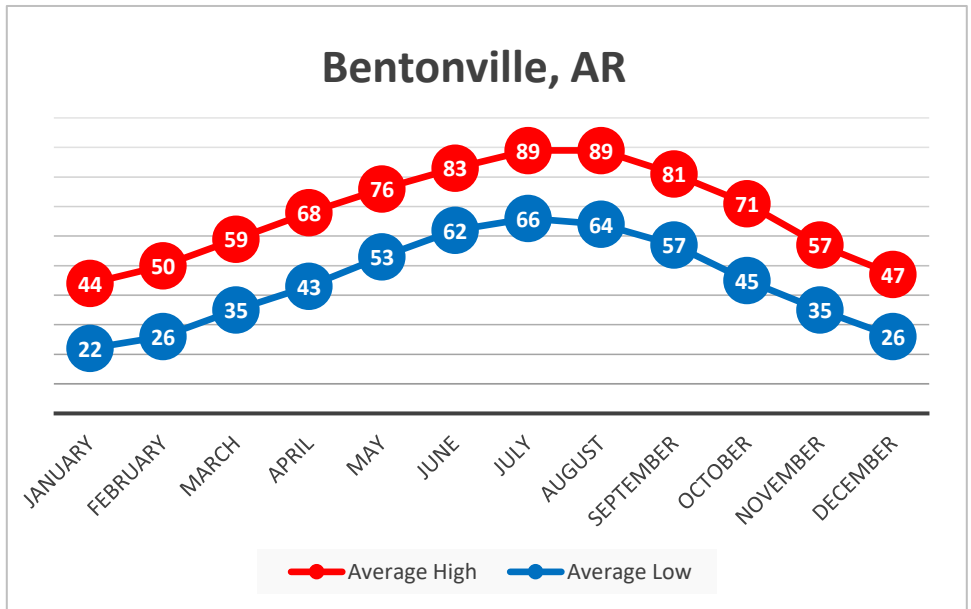
MOUNTAIN BIKE

For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.



WEATHER

Weather predictions in this area are predictable but given the distance you will cover, be prepared for all types. It is best to be prepared for cold evenings and inclement weather. Please use the following location when checking the weather online: **Bentonville, Arkansas**



PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). Please ensure your luggage container is water repellant. We also suggest bringing a hydration daypack or small backpack for valuables.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at <http://www.escapeadventures.com/packing-lists/>

BICYCLE RENTALS

Escape Adventures rents quality bicycles. We will fit you with a high quality, durable and safe ride. Our chosen bike is equipped with an aluminum frame designed for a smooth, comfortable ride. Our mountain bikes are full-suspension, lightweight, equipped with a dropper post and adjustable. Availability of bikes are specific to your destination and should be confirmed in your itinerary. For more information call 800-596-2953.

Santa Cruz Hightower - 29er



The Hightower has been a does-it-all-well trail bike since its inception. It excels when the route covers 'all points in between.'

- All bicycle rentals are equipped with flat pedals and a complimentary water bottle.
- Helmet and clipless pedals are available upon request and are included in the rental.
- Please specify your individual needs when confirming your reservation.



Specialized Hotrock 20" & 24"



Escape Adventures is one of the only tour companies to provide a specific selection of kid's bikes for touring. Your child will feel confident on the Hotrock.

Cannondale MTB Tandem



Our tandem is ideal for getting you and your partner or child out together, Tandem is available on request at an additional charge. Grab a partner and enjoy the ride!.

TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited-Edition Jersey.



TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, personal camping gear (if applicable), or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

MEALS

On inns tours our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.



TRIP AMENITIES

Inns on this tour are chosen for comfort, scenery, and proximity to our activities. Cell service for this tour is excellent.

KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Accommodations are subject to change.



LUXURY VACATION HOME
Bentonville, AR 72712

AMAZING home in North Bentonville with Tristan's Trail mountain bike trail in the backyard and access to all north Bentonville's premiere biking trails!! Perfect location for mountain biking trails and museums. Brand new remodeled kitchen, updates throughout and 4 decks that create a private and gorgeous wooded retreat with space to relax outside after a day of riding. All in the heart of the city! This inviting 3 level home has 6 bedrooms and 4 bathrooms.



GATEWAY CITY: TULSA, OKLAHOMA

Tulsa is a city on the Arkansas River, in the U.S. state of Oklahoma. It's known for its art deco architecture, mostly in the central Deco District. Landmarks like the Philcade and Philtower buildings reflect a 20th-century construction boom fueled by the prosperous local oil industry.



TULSA INTERNATIONAL AIRPORT

TULSA INTERNATIONAL AIRPORT
7777 Airport Dr, Tulsa, OK 74115
(918) 838-5000

<https://www.tulsaairports.com/>

Tulsa International Airport is a civil-military airport five miles northeast of downtown Tulsa, in Tulsa County, Oklahoma. It was named Tulsa Municipal Airport when the city acquired it in 1929; it got its present name in 1963.



TULSA HOTELS

BEST WESTERN
222 N Garnett Rd Tulsa, OK 74116
(918) 438-0780
www.bestwestern.com

LA QUINTA INN & SUITES BY WYNDHAM
23 N 67th E Ave, Tulsa, OK 74115
(918) 949-3600
<https://www.wyndhamhotels.com>

MEETING AND DEPARTURE INFORMATION

MEETING LOCATION

HILTON GARDEN INN
7728 E Virgin Ct, Tulsa, OK 74115
(918) 838-1444
<https://www.hilton.com/>



DEPARTURE TIME

9:00 AM on the first day of the tour.

RETURN TIME

Around 5:00 PM on the last day of the tour.

CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed, we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour or depart early. Insurance agencies, however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury - believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product **007715**.

TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.












TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



SIMILAR TRIPS FROM ESCAPE ADVENTURES











MT HOOD TO COLUMBIA RIVER GORGE MOUNTAIN BIKE TOUR

-  Families with Older Kids
-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Duration: 5 Days
-  Lodging: First-Class Camping
-  Fitness Level: 3-4
-  Departure: Portland, OR
-  Technical Level: 2-4
-  Tour Offered: Jun, Jul, Aug, Sep
-  Elevation Range: 1,000 - 6,000 ft.
-  Departs On: Monday

An incredibly diverse succession of terrain, from glacial plains to mountain ridges, rainforests, woodlands to orchard valleys, defines this mountain bike epic.



THE MAZE OUR MOST POPULAR TOUR

-  Families with Older Kids
-  Private Tours and Custom Tours
-  Solos, Couples & Friends
-  Duration: 5 Days
-  Lodging: First-Class Camping
-  Fitness Level: 2-3
-  Departure: Moab, UT
-  Technical Level: 2-3
-  Tour Offered: Mar, Apr, May, Sep, Oct
-  Elevation Range: 4,000 - 7,000 ft.

Tucked away into the most remote section of wonderfully secluded Canyonlands National Park, The Maze is one of the biggest and best of the last: A rarely traveled, wholly inaccessible wilderness.

