



## UTAH BEST OF MOAB MOUNTAIN BIKE TOUR



- Families with Older Kids  
Private Tours and Custom Tours  
Solos, Couples & Friends
- Departure: Moab, UT
- Tour Offered: Mar, Apr, May, Sep
- Departs On: Monday

- Duration: 5 Days
- Lodging: First-Class Camping, Casual Inns, or Luxury Inns & Restaurants
- Fitness Level: 2-4
- Technical Level: 2-4
- Elevation Range: 4,000 - 7,000 ft.

Even if you've never visited Moab (pop. 5000) before, you've very likely seen it. About 245-miles south of Salt Lake City, Moab and its dramatic surroundings served as the backdrop for countless Golden Era Westerns. Moab's history is by turns rich as varied: From a Mormon outpost on the Spanish Trail (1800's), to Wild-West era outlaw haunt or lair, to base for hard-rock miners and rare mineral prospectors. In as much its latest reincarnation is a new one. While the beauty that verges on hyperrealism of Arches National Park and Canyonlands National Parks has drawn nature-lovers for generations, it's the land edging and surrounding the parks that's utterly redefined Moab, from erstwhile park lodging base to world-class adventure travel destination.



Moab, circa 2020, has it all: from white-water rafting to horseback riding, phenomenal climbing routes to the five-diamond mountain biking. Forasmuch, it was this incomparable grouping of big outdoor recreational opportunities and pursuits that compelled the first wave of adventurer-seekers to settle here, and thus transform this delightful little city.

Our tour is like a Moab's Best Of/greatest hits album. Signature slickrock trails offer challenging and fun rides for all levels of riders, marked by seemingly endless singletrack that shade each day. Off the bike, our tours have built-in side hikes. The latter lend intimate optics onto some of the area's most astonishing natural features, as we view-find from characteristic natural arches to age-old petroglyphs. Invariably it's not a stretch by any means to see a genuine dinosaur footprint out on one of our select trails.



# THE ESCAPE ADVENTURES EXPERIENCE

For over 25 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

## OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

## OUR COMMITMENT

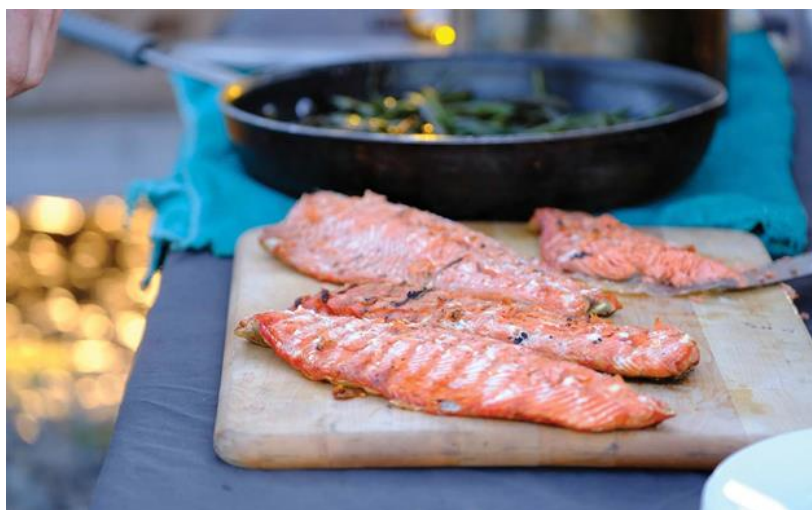
We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

## OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

## OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





## DAY 1 | Klondike Bluffs / Sovereign

We'll begin our week on a true Moab classic, the Klondike Bluff trail. During the ride we'll pass imprints of three-toed dinosaurs that tramped across mud flats and river bottoms about 170 million years ago. At the turn around point, we'll hike across the trail's namesake bluffs, which erode to elephant toes atop fractured fins and alcoves. Features of Arches National Park can be seen in the distance, backed by the scenic La Sal Mountains. Other options of single-track side spurs line our ride on the Sovereign Trails!

Total Easy Mileage   3.8	Feet Gain   253
Total Moderate Mileage   14	Feet Gain   1350
Total Seasoned Mileage   20	Feet Gain   2100
Terrain   50% Jeep Road, 50% Singletrack, No Van Support	
Casual Inn : Big Horn Lodge   Luxury Inn : Sorrel River Ranch and Spa	
First-Class Camping   Sand Flats Rec Area	



## DAY 2 | Brand Trails / Mag 7 Trails

Today we ride some of Moab's best single-track and slickrock! The Moab Brand trails offer 31 miles in which beginner, intermediate, and advanced riders can enjoy a wide variety of challenges. Many of the trails offer outstanding views of Arches National Park. The possibilities are nearly endless. After a half day on the trails, we will shuttle just up the hill to the Gemini Bridges and Mag 7 trail system. We break for lunch before all new trails, which are almost all single-track. Stunning views and epic riding consume the remainder of our day with up to 27 miles more of riding!

Total Easy Mileage   5	Feet Gain   852
Total Moderate Mileage   10	Feet Gain   1100
Total Seasoned Mileage   22	Feet Gain   2200
Terrain   90% Singletrack, No Van Support	
Casual Inn : Big Horn Lodge   Luxury Inn : Sorrel River Ranch and Spa	
First-Class Camping   Sand Flats Rec Area	





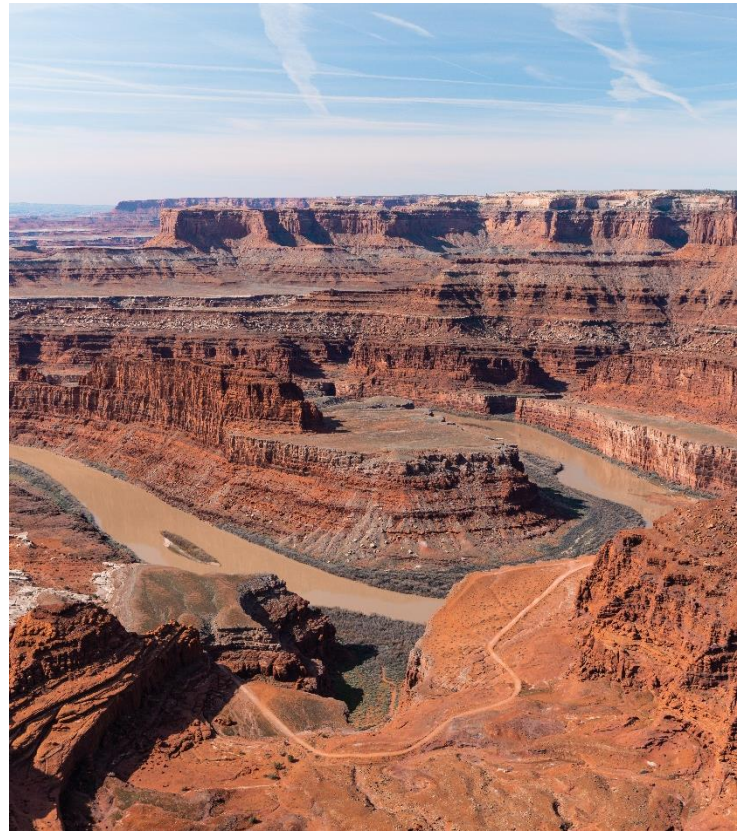
## DAY 3 | Porcupine Rim / Kokopelli's Trail

Today's adventure takes us on the Kokopelli Trail. Snow levels and current conditions will dictate which of the 2 options we will tackle.

Option 1: A 45-minute shuttle takes us up the Sand Flats Road where we'll have the option on either the UPS or LPS trail (Porcupine Single-track). After either (or both) sections, descend for fourteen miles on incredible the Porcupine trail down to the Colorado River. This trail is more technical than our other rides but is well worth the extra effort!

Option 2: We'll stop at Polar Mesa to see real dinosaur tracks that "walk" off the edge of a cliff! Our 4,000-foot descent starts as we ride through Thompson Canyon on large slabs of slickrock. About halfway, we'll climb Kneeknocker Hill to our lunch stop. Next, we descend Onion Creek, the most scenic section of the trail. Be prepared to get a little wet—we'll be crossing the creek numerous times as we ride through the huge red cliffs cut by the creek.

Total Easy Mileage   11	Feet Gain   283
Total Moderate Mileage   14	Feet Gain   400
Total Seasoned Mileage   20	Feet Gain   2200
Terrain   100% Jeep Road, No Van Support	
Casual Inn : Big Horn Lodge   Luxury Inn : Sorrel River Ranch and Spa	
First-Class Camping   Sand Flats Rec Area	



## DAY 4 | Arches National Park

An early breakfast gets us ready for some of the best scenery in the country. We'll pedal a backcountry route into Arches National Park, stop at the beautiful Windows section, and hike until lunch. After lunch we'll either shuttle or ride to Delicate Arch—the most photographed natural arch in the world.

Total Easy Mileage   7.8 Miles	Feet Gain   277
Total Hiking Mileage   5 Miles	
Terrain   100% Jeep Road, 100% Van Support	
Casual Inn : Big Horn Lodge   Luxury Inn : Sorrel River Ranch and Spa	
First-Class Camping   Sand Flats Rec Area	





## DAY 5 | Dead Horse Point

The Intrepid Trail System at Dead Horse Point State Park offers 16.6-miles of non-motorized single-track trails! The trails wind through juniper and pinion trees, over slickrock and mixed terrain and offer spectacular views into the canyons below including Canyonlands National Park. Trail difficulty ranges from moderate to intermediate and can be enjoyed by all levels of riders. We enjoy a delicious lunch on a spectacular overlook before shuttling back to Moab Cyclery concluding our tour.

Total Easy Mileage   2.2	Feet Gain   200
Total Moderate Mileage   8	Feet Gain   550
Total Seasoned Mileage   17	Feet Gain   1600
Terrain   100% Singletrack, No Van Support	



# THE IMPORTANT STUFF

## Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Mountain Biking	3.8	253	14	1350	20	2100
2	Mountain Biking	5	852	10	1100	22	2200
3	Mountain Biking	11	283	14	400	20	2200
4	Hiking	Hiking Devils Garden 5 Miles					
	Mountain Biking	7.8	277				
5	Mountain Biking	2.2	200	8	550	17	1600



## Mountain Bike Tour Technical Levels

Level		Description
Easy	1	Maintained Gravel Roads, Easy Grades
	2	Level 1 PLUS Unmaintained Dirt Roads, Maintained Singletrack Trail
Moderate	3	Level 2 PLUS Moderate Grades, Some Unmaintained Singletrack
Seasoned	4	Level 3 PLUS Rocky Terrain – PLUS Longer, Steeper Ascents & Descents
	5	Level 4 PLUS Some Exposed Sections Of Trail, Some Loose Climbs & Descents



## Mountain Bike Tour Fitness Levels

		Mountain Biking			Multi-Sport Activities			
Level	Hours of Activity	Total Elevation Feet Gain	Mountain Bike Miles	Hiking Miles	Rock Climbing	Canyoneering	Rafting/Canoeing	
Easy	1	700	5-10	1-5	Low Angle Large Handholds	Hiking/No Ropes	Relaxed, Slow Moving Water	
	2	1200	10-15	5-8	Level 1 PLUS Small Handholds	Level 1 PLUS Occasional Ropes	Level 1 PLUS Easy Rapids Wide Channels	
Moderate	3	1800	15-25	8-10	Level 2 PLUS Steep Angles	Level 2 PLUS Easy Rapels	Level 2 PLUS Waves, Up to 4' Narrow Channels	
Seasoned	4	2200	25-35	10-12	x	Level 3 PLUS Complex Ropes, Multiple Rapels	Level 3 PLUS Long Rapids	
	5	3000	35-50+	12-16+	x	x	Level 4 PLUS Spinning, Large Waves	

# HOW TO PREPARE

## MOUNTAIN BIKE

For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.

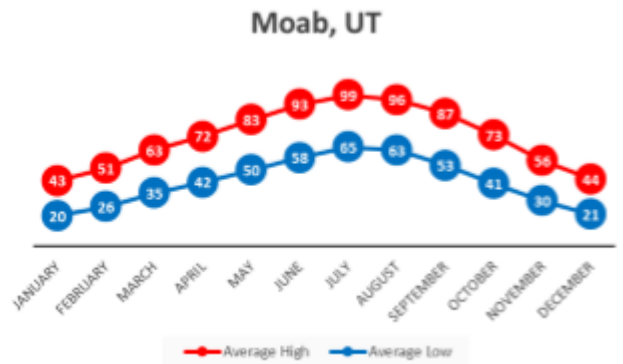


## HIKING

To prepare for the tour, we recommend that you hike, jog or run at least several hours per week during the month preceding the tour. Walk/run in the shoes and sock you are bringing on the trip. This will help prevent blisters and sore feet.

## WEATHER

Weather predictions in this area are often unreliable due to the elevation, so it is best to be prepared for cold nights and inclement weather. Please use the following locations when checking the weather online: **Moab, UT**



## PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). We also suggest bringing one daypack or small backpack for valuables. Please ensure your luggage container is water repellant.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at [www.escapeadventures.com/packing-lists/](http://www.escapeadventures.com/packing-lists/)

## BICYCLES RENTALS

Escape Adventures rents quality bicycles. We will fit you with a high quality, durable and safe ride. Our chosen bike is equipped with an aluminum frame designed for a smooth, comfortable ride. Our mountain bikes are full-suspension, lightweight, equipped with a dropper post and adjustable. Availability of bikes are specific to your destination and should be confirmed in your itinerary. For more information call 800-596-2953.

### Specialized Stumpjumper - 29er



The new Stumpjumper is the ultimate trail bike. It's supple over small bumps, yet it possesses a firm mid-stroke and exceptional bottom-out support.

- All bicycle rentals are equipped with flat pedals and a complimentary water bottle.
- Helmet and clipless pedals are available upon request and are included in the rental.
- Please specify your individual needs when confirming your reservation.



### Santa Cruz Tallboy - 29er



The Tallboy muddles the line between XC and trail. The Tallboy climbs almost as well as an XC bike, but shows its true colors when the trail turns downward.

### Santa Cruz 5010 - 27.5



An agile trail whip that turns on a dime and loves to pop and play. Turning trails into pumptracks the 5010 begs to spend as much time above the ground as on it.



## TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited Edition Jersey.



## TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, personal camping gear (if applicable), or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

## MEALS

Our Trip Leaders prepare all of your meals on our camping trips. On inns tours our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.

## TRIP AMENITIES

First-class campers will enjoy well-maintained public campgrounds. Inns on this tour are chosen for comfort, scenery, and proximity to our activities. Cell service for this tour is spotty, Verizon is the best service to have for this area.



## KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Accommodations are subject to change.

## ACCOMMODATIONS (subject to change)



Big Horn Lodge  
550 S Main St, Moab, UT 84532  
(435) 259-6171  
<https://www.moabbighorn.com/>

Located in the Heart of Canyonlands and just 4 miles from Arches National Park is the Big Horn Lodge, one of Moab's finest lodging accommodations. The Big Horn Lodge features an outdoor heated pool and a great local's favorite, Smitty's Gold Steak Restaurant, located on site.



Sorrel River Ranch Resort and Spa  
Mile 17, Utah 128, Moab, UT 84532  
(435) 259-4642  
<https://www.sorrelriver.com/>

Set amongst the most spectacular scenery near southern Utah's famous arches and red rock mountains, Sorrel River Ranch Resort and Spa elevates the standard of luxury lodging in Moab, Utah, offering 240 acres of wide-open ranch land tucked away along the Colorado River. Discover Arches and Canyonlands National Parks adventures, farm-to-table meals, rejuvenating spa services and more at our extraordinary Moab resort-hotel.

## FIRST-CLASS CAMPING AT MOAB



There is nothing better than rolling into camp to freshly made chips and salsa, homemade guacamole and Dutch oven enchiladas. Then making your way to the inviting campfire, sharing your favorite anecdote or image from the day's activities while marshmallows roast. Enjoy a small-batch local beer before retiring to your tent where inside a sturdy raised cot, fluffy sleeping bag, and a plush full-size pillow await.

We choose well-maintained public campgrounds with scenic vistas. The majority feature indoor facilities and showers. However, in more remote backcountry camping scenarios, we'll provide portable toilets and private solar showers.

### CAMPING GEAR RENTALS



Camping gear may be rented or you may bring your own. Our camp gear package includes a three-man tent with ground tarp, sleeping bag, bag liner, full size pillow, raised cot and self-inflating ground pad.

## GATEWAY CITY: GRAND JUNCTION, CO

Grand Junction, situated in Colorado's Western Slope region, is known as the hub of Colorado's wine country. Grand Junction is the Gateway City for our Canyonlands, Arches, and Moab tour as it is the closest city to our Departure City (Moab) with an airport.

### GRAND JUNCTION AIRPORT

#### GRAND JUNCTION REGIONAL AIRPORT

2828 Walker Field Drive

(970) 244-9100

[www.gjairport.com](http://www.gjairport.com)

Grand Junction Regional Airport is located three miles northeast of Grand Junction, in Mesa County, Colorado. It is the largest airport in western Colorado and third largest in the state.



### GRAND JUNCTION HOTELS



#### MARRIOTT FAIRFIELD INN & SUITES

225 Main St.

(970) 242-2525

<http://www.marriott.com>



#### TRAVELODGE

718 Horizon Dr.

(970) 243-5080

[www.travelodgegrandjunction.com](http://www.travelodgegrandjunction.com)

Driving from Grand Junction to downtown Moab is just over 100 miles and takes less than two hours. The main thoroughfare, i-17 w to us-191 s, is the quickest and most direct route. Kids will appreciate a pit stop in nearby Fruita, home to the Dinosaur Journey Museum and other fun finds. For those that seek the road less traveled, allocate an additional 15 minutes (one way) and take the picturesque upper Colorado Scenic Byway u-128 w. The views are spectacular (especially during sunrise) and definitely worth the added travel time.

## DEPARTURE CITY: MOAB, UTAH

Moab, Utah is a gateway to massive red rock formations in Arches National Park. Southwest, Canyonlands National Park features mesas and buttes carved by the Green and Colorado rivers, plus Native American rock art. Dinosaur tracks can be found at sites like Bull Canyon Overlook and Copper Ridge. In the city, collections at the Museum of Moab include dinosaur bones and archaeological artifacts. For more information, visit [www.discovermoab.com](http://www.discovermoab.com).

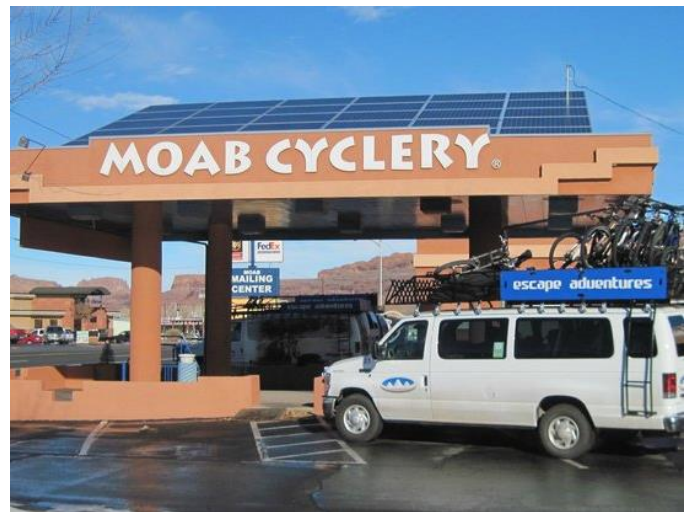


### MEETING AND DEPARTURE INFORMATION

#### MEETING LOCATION

##### MOAB CYCLERY

391 S Main St, Moab UT 84532  
(800) 559-1978 Or (435) 259-7423  
[www.moabcyclery.com](http://www.moabcyclery.com)



#### DEPARTURE TIME

9:00 AM on the first day of the tour.

#### RETURN TIME

Around 4:00 PM on the last day of the tour.

### MOAB HOTELS



##### Big Horn Lodge

550 S Main St, Moab, UT 84532  
(435) 259-6171  
<https://www.moabbighorn.com/>



##### BEST WESTERN PLUS CANYONLANDS INN

16 S Main St  
(800) 649-5191 or (435) 259-2300  
[www.canyonlandsinn.com](http://www.canyonlandsinn.com)

# CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed, we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

## TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury-believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product 007715.

## TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

## TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.

## TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



## SIMILAR TRIPS FROM ESCAPE ADVENTURES

### BRYCE & ZION MULTI-SPORT BIKE, HIKE, & CLIMB

Mountain Biking
 Hiking
 Rock Climbing
 Canyoneering

- Families with Older Kids
- Families with Younger Kids
- Private Tours and Custom Tours
- Solos, Couples & Friends
- Departure: St. George, UT
- Tour Offered: May, Jun, Jul, Aug, Sep
- Departs On: Sunday
- Duration: 6 Days
- Lodging: First-Class Camping or Casual Inns and Cabins
- Fitness Level: 1-3
- Technical Level: 1-3
- Elevation Range: 4,000 - 10,000 ft.

From mountain biking the moderately challenging trails of Red Canyon and Sunset Cliffs, we take Vibram soles and approach shoes to Bryce Canyon’s more remote draws: Sunset Point, Brian Head’s Cascade Falls, and Zion’s Narrows. Our canyoneering day takes us boulder and rappelling deep canyons and chutes. Our final activity transits to the Red Cliffs of St. George, the monumental formations of Navajo sandstone. There we chalk it up to a thrilling day of rock climbing.



### BEST OF PHOENIX BLACK CANYON WINTERTIME SINGLETRACK

Mountain Biking
 Hiking

- Families with Older Kids
- Private Tours and Custom Tours
- Solos, Couples & Friends
- Departure: Moab, UT
- Tour Offered: Jun, Jul, Aug, Sep
- Departs On: Monday
- Duration: 5 Days
- Lodging: First-Class Camping
- Fitness Level: 2-3
- Technical Level: 2-3
- Elevation Range: 6,000 - 10,000 ft.

From the South Mountain Preserve, the second largest municipal park in the world, and McDowell on the edge of Southern Arizona’s urban hub—or PHX—to the world-renowned Black Canyon Trail, this Sonoran Desert tour is a major classic.

