



Best of Phoenix Mountain Biking

LENGTH: 5 Days / 4 Nights

ACCOMMODATIONS: Camping

FITNESS LEVEL: Intermediate

[For up-to-date pricing and dates, please visit our website.](#)



This trip offers a little bit of everything, from the Phoenix metro-areas of South Mountain Preserve and McDowell Mountain to the desolate Black Canyon Trail that snakes through the Sonoran Desert. We begin our trip at McDowell located a few minutes Northeast of Scottsdale. The regional park is home to over 40 miles of trails that vary in length and difficulty. McDowell winds through an abundance of flora and fauna and is a gentle introduction to the harsh but beautiful deserts of Arizona. The next day we kick it up a notch and venture over to South Mountain. Just minutes from the CBD, South Mountain hosts world class riding with over 50 miles of trails.

The Black Canyon trail follows a route used since the times of pre-historic Native American travelers and traders. Riders are constantly rewarded with breathtaking scenic vistas and glimpses of the varied historical activities that have echoed through these hills. The Department of the Interior officially established the route as a livestock driveway in 1919, when it was used by woolgrowers from the Phoenix area to herd sheep to and from their summer ranges in the Bradshaw and Mingus Mountains. Many segments of the trail roughly parallel the old Black Canyon stagecoach road between Phoenix and Prescott.

Trip Amenities and Meals

All camping on this trip is in primitive campgrounds with no running water. There are no shower facilities, but solar showers will be available. Cell phone service is very spotty. All meals on this trip are prepared by your guides with the exception of dinner on the 4th day and breakfast of the 5th day.



Day 1 | McDowell Mountain Park

McDowell Mountain Regional Park offers over 40 miles of hiking, mountain biking, and horseback riding trails. The trails range in length and difficulty from easy to strenuous. We will design today's ride based on the group's preferences and abilities, but you can be sure you will be happy at the end of the day!

Total Mileage | 20 miles

Camp: Bumblebee

Day 2 | Big Bug to Bumblebee camp

A short shuttle ride from Phoenix will deliver us to the BCT trailhead. Our first ride begins with the Big Bug segment in the Prescott National Forest. Today marks the highest points on our ride and will result in a net downhill for the day! We will see much of the high desert and catch some great views as we head through the towering Saguaro cactus towards the Bradshaw Mountains. As we head into camp a delicious dinner awaits us.

Total Mileage | 25 miles

Camp: Bumblebee

Day 3 | Bumblebee to Black Canyon City

Energize with a hearty breakfast for this morning's invigorating ride to Black Canyon City! Our second day of riding paints the true picture of why the Black Canyon Trail was named Arizona's best trail in 2012. We will ride through miles of cactus, across awe-inspiring mesas and along spectacular singletrack. Today's ride is more technical than the day before, making those views well worth the effort! When we arrive in Black Canyon City we will shuttle back to our comfortable camp at Bumblebee.

Total Mileage | 22 miles

Camp: Bumblebee



Day 4 | Black Canyon City to Emery Henderson Trailhead

Wake up to fresh brewed coffee and a hot breakfast. We will break camp and hop in the shuttle for a ride to Black Canyon City and the start of today's adventure. Our final day cuts through to the heart of the BCT. Today we have it all, from tight twisting cactus filled singletrack, river crossings and wide open desert views.

Total Mileage | 22 miles

Camp: Bumblebee

Day 5 | South Mountain

The South Mountain Park boasts 51 miles of primary trails for horseback riding, hiking and mountain biking for all ability levels. Today's ride will be chosen by your guides and dictated by the ability level of the group. The riding here is world class and not to be missed, so leave the details to the experts and enjoy the ride!

Total Mileage | 22 miles

Trip Cost Includes: Two guides, all meals starting with lunch on the first day through lunch on the last day, support vehicle, snacks, first-aid, bike maintenance, community gear, and a souvenir shirt.

Trip Cost Does Not Include: Airfare to and from our departure point, lodging before or after the tour, personal camping gear, rental bike, or gratuities to Escape Adventures guides. Tips to the guides are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between the guides.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Inns are subject to change.



The Basics

State: Arizona

Duration: 5 days/4 Nights

Type: Camping

Airport: Phoenix, AZ

Mileage: 140 Miles

Season: Spring/Fall/Winter

Elevation: 2,000–4,300ft

MEETING INFORMATION

Location: Best Western Airport Inn

Address: 2425 S 24th Street, Phoenix, Arizona
85034

Time: 09:00am

*Please arrive in Phoenix at least 12 hours prior to tour departure to allow for rest and acclimation.

*We will return to Phoenix around 5pm on the last day.

BIKE RENTALS

We offer Santa Cruz and Specialized bikes. Please click for more information.

[Learn more about our rental gear on our website.](#)

CAMPING RENTALS

- Three-man tent with fly and ground tarp
 - 30 degree sleeping bag
 - Camp Pillow
(BYO pillowcase)
 - Self-inflating ground pad
- Bringing or shipping your own gear? [See our shipping policy.](#)



WHAT SETS US APART?

Our People: Our guides are the best in the business! Trained personally by the owners, our guides understand the areas you ride and the safety of the group.

Our Commitment: We don't just preach environmental awareness, we live it! We recycle 90% of our waste, run our facilities with solar and wind power, and we are the world's 1st carbon-neutral outfitter.

Our Food: Our guides lovingly prepare meals for the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious meal at the same time- including dessert!

Specific Trip Tips

Use our [Pre-Trip Information Center](#) for packing lists, how to prepare, FAQ and more!

Please visit our website for cancellation policy.