



Grand Teton Mountain Biking

LENGTH: 5 Days / 4 Nights

ACCOMMODATIONS: Camping

FITNESS LEVEL: Intermediate

[For up-to-date pricing and dates, please visit our website.](#)



A sharp rise and jagged horizon set the Grand Tetons apart from the rest of the Rocky Mountains. Just forty miles long and ten miles wide, this relatively small section of the Rockies is also the youngest. Unlike other ranges in the Rockies, the Tetons have not been around long enough to have acquired the foothills and softer lines caused by centuries of erosion. The Grand Teton National Park and National Forest protect this unique geographical feature, which rises to 13,770 feet, and the wildlife, ecology, and recreation opportunities it harbors—such as mountain biking!

Our mountain bike tour encompasses three distinct regions around Jackson Hole. On the valley floor, in the "hole" surrounded by mountains, to the east, we loop around through the Red Hills area. From here, we can see the ridgeline of our next ride directly across the valley, high in the Teton Mountains. From Monument Ridge trail, we have great views of the Gros Ventre and Wind River mountain ranges.

Trip Amenities and Meals

All camping on this trip is in campsites with no running water and pit toilets. There are no shower facilities, but solar showers will be available. There is very spotty cell phone service except while in Jackson cell service is good.

Authorized Permittee of the National Park Service.



Day 1 | Shadow Mountain loops

Our Teton Guides will lead us on this 7-mile mountain bike loop that climbs past spectacular views of the Tetons and the Snake River Valley, then descends on singletrack through aspens and pines. Shadow Mountain has one of the best mixes of single track around. The Trail drops about 1400' of elevation over 3 miles, has tight S turns, root drops, and small rock sections, great combination of all!

Total Mileage | 8 miles

Camp/Inn | Atherton Campground/ Hatchet Resort

Day 2 | Ditch Creek/Horsetail Loop

We have another day with our Teton guides! From camp we pedal up the Horsetail Trail. This loop brings us spectacular views of the mountains, while never compromising the fun riding! Our ride climbs along the west side of the Red Hills which look directly across to the Grand Tetons. We continue uphill on a dirt road to the top of Ditch Creek then descend the Middlefork Trail to Horsetail and "tail" it all the way back to camp!

Total Mileage | 25 miles

Camp/Inn | Atherton Campground/ Hatchet Resort

Day 3 | Chair lifts at Grand Targhee

Today's ride is epic as we rock the chair lifts at Grand Targhee and enjoy miles of singletrack that surround this area! Voted #2 in the Top 5 Best Bike Parks in the Northwest region on MTBparks.com three years running! With spectacular singletrack trails winding through wildflower meadows and miles of technical lift serviced downhill trails, Grand Targhee Resort established itself as the first downhill mountain bike destination in the Tetons. This bike Park offers every style of riding for every level of mountain bike rider. Gentle, banked cruisers; tight and twisty singletrack cross country; gnarly, rock strewn downhill; drop offs; and much more.

Total Mileage | Will Vary, Pack Lunch

Camp/Inn | Atherton Campground/ Hatchet Resort

Terrain | Singletrack, No Van Support



Day 4 | Self-Guided Day on Teton Pass

Today we will have a self day! You will be able to choose which trails you want to ride and create your own route. Teton Pass is full of options from mild to wild, the choice is yours. Tonight we make a new camp at the Hatched campground.

Total Mileage | Will Vary, Pack Lunch

Camp/Inn | Hatched Campground/ Hatched Resort

Terrain | Jeep Road & Singletrack

Day 5 | Munger Trails

On our last day in the Tetons we will ride the Munger Trail network with our Teton guides! Munger Mountain is a fun network of trails south of Jackson and Wilson. A host of routes provide several loop combinations that can be ridden in either direction. You will enjoy some great singletrack riding and some amazing scenery on Munger Mountain!

Total Mileage | 17 miles

Trip Cost Includes: Two guides, all meals starting with lunch on the first day through lunch on the last day, support vehicle, snacks, first-aid, bike maintenance, community gear, and a souvenir shirt.

Trip Cost Does Not Include: Airfare to and from our departure point, lodging before or after the tour, personal camping gear, rental bike, or gratuities to Escape Adventures guides. Tips to the guides are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between the guides.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Inns are subject to change.

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The Basics

State: Wyoming

Duration: 5 days/4 Nights

Type: Camping

Airport: Jackson, WY

Mileage: 125-140 Miles

Season: Summer

Elevation: 6,000–8,200ft

MEETING INFORMATION

Location: The Lodge at Jackson Hole

Address: 80 Scott Ln, Jackson, WY 83002

Time: 08:00am

*Please arrive in Jackson at least 12 hours prior to tour departure to allow for rest and acclimation.

*We will return to Jackson Hole around 4pm on the last day.

BIKE RENTALS

We offer Santa Cruz and Specialized bikes. Please click for more information.

[Learn more about our rental gear on our website.](#)

CAMPING RENTALS

- Three-man tent with fly and ground tarp
- 30 degree sleeping bag
- Camp Pillow
(BYO pillowcase)
- Self-inflating ground pad
Bringing or shipping your own gear? [See our shipping policy.](#)



WHAT SETS US APART?

Our People: Our guides are the best in the business! Trained personally by the owners, our guides understand the areas you ride and the safety of the group.

Our Commitment: We don't just preach environmental awareness, we live it! We recycle 90% of our waste, run our facilities with solar and wind power, and we are the world's 1st carbon-neutral outfitter.

Our Food: Our guides lovingly prepare meals for the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious meal at the same time- including dessert!

Specific Trip Tips

- Fly directly into Jackson, Wyoming.
- We suggest you arrive in Jackson at least 12 hours prior to your departure time in order to have time to rest before the tour.
- Eating breakfast before meeting the group on Day 1 is advised as lunch will be the first meal provided.

Use our [Pre-Trip Information Center](#) for packing lists, how to prepare, FAQ and more!

