



escape adventures®

MOUNTAIN BIKING MULTISPORT

The High Sierra/Tahoe Multisport Adventure

The Basics

State: California/Nevada

Activities: 2-3 days mountain biking, 1+ day hiking, 1 day kayaking, 1 day optional activities downhill mtb, golf, and horseback riding.

Duration: 5 days/4 Nights

Season: Summers

Type: Inns

Elevation: 4,506-8,610

Airport: Reno, NV



Meeting Information

Location: Reno Best Western Airport

Address: 1981 Terminal Way, Reno, NV 89502

Time: 10 am

Phone: 775-348-6370

* We will return to Reno around 3pm on the last day of the tour.

Bike Rentals

Santa Cruz & Specialized

Camping Rentals

- Three-man tent with fly and ground tarp
- 30 degree sleeping bag
- Camp Pillow (BYO pillowcase)
- Cot
- Sleeping Pad

Bringing or shipping your own gear? [See our shipping policy.](#)

With more mountain resorts than any other destination in the country, Lake Tahoe has always been one of America's premier getaways. While it is a popular winter destination known for its world-class skiing, it is also a huge draw among multi-sport enthusiasts who know of its endless summer possibilities! Each year, when the spring snow melts, a whole new world of adventure is unveiled. Join us for an exciting multi-sport view of Lake Tahoe and the High Sierras.

We begin our adventure along the north side of Lake Tahoe at California's Northstar Resort where hundreds of miles of meandering trails lead us on hiking, biking, and wildlife viewing excursions through tall sugar pine forests and beautiful wildflower meadows. On Lake Tahoe's sparkling blue surface, we kayak between secluded wilderness beaches and swim and sun at our leisure. We top off our adventure with a day of optional activities and a beautiful hike. Unlimited opportunities and breathtaking views make this a must-see summer destination for anyone with the true spirit of adventure!

Trip Amenities and Meals

The Northstar Resort will serve as our base for the entire tour, allowing you to relax and get comfortable in your room. The full-service resort offers onsite dining and shopping in addition to standard hotel amenities. All meals will be prepared by your experienced guides.



Fitness Level



Technical Level

Daily Itinerary

Specific Trip Tips

- Reno, Nevada, is the closest city with a major airport and car rentals. We recommend that you fly into Reno.
- We recommend arriving at your meeting location at least 12 hours prior to your departure time in order to have time to rest before the tour.

What sets us apart?

Our People: Our guides are the best in the business, hands down.

Our Commitment: We don't just preach environmental awareness, we live it! We recycle 90% of our waste, fuel our support van with recycled vegetable oil, and we are the world's 1st carbon-neutral outfitter.

Our Food: Our guides lovingly prepare meals for the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious meal at the same time-including dessert!

Offset Your Airfare

We've got your trip covered, but use our online [Carbon Calculator](#) to offset your travel to and from the trip

Day 1 | Biking- Spooner Lake and the Flume Trail

After meeting at Northstar Resort for a brief orientation and introductions, we catch a shuttle to the first ride of our adventure—The Flume Trail! This trail is known for its beautiful views of Lake Tahoe, challenging climbs, and exhilarating descents down an old flume chute. Beginning at Spooner Lake State Park with a 1000-foot climb to Marlette Lake, we catch the Flume Trail, pass Marlette Lake, and head down Tunnel Creek Road to the trailhead where our shuttle will be waiting to take us back to Northstar for the night.

Inn | Northstar Resort

Total Mileage | 15 miles
Elevation Gain 1397ft

Day 2 | Kayaking - Lake Tahoe

Paddle through the crisp blue waters of Lake Tahoe from the seat of a kayak, and enjoy this landmark in a whole new way! Race from one secluded beach to the next, or just float about and spend a relaxing day out on the water. No previous kayaking experience is required. Don't forget your swimsuit and some clothes you don't mind getting wet for this day. A fleece or windbreaker is a great addition for cool lake breezes.

Inn | Northstar Resort

Day 3 | Biking- Tahoe Rim Trail

Head out on the famous Tahoe Rim Trail for a day of fantastic mountain biking. We ride the trail to Tunnel Creek and on to Sand Harbor, where we'll enjoy a late lunch. We should get back to Northstar in time for a late-afternoon hike or spa treatment on your own.

Inn | Northstar Resort

Total Mileage | 13-20 miles
Elevation Gain 861-1261ft

Day 4 | Northstar

Today is a day to relax and enjoy the resort. Read a book on the beach and go for a swim, take a hike, or choose from a variety of organized activities offered onsite. For adventurous riders, Northstar's lifts provide effortless access to intense downhill riding. For those looking for a little more variety, try fly-fishing, horseback riding, or tennis. Can't go a week without golf? They've got that too. To provide the most flexibility, today's optional activities are not included in your tour price, so plan on spending \$35-\$100+ extra if you'd like to take advantage of these organized activities.

Inn | Northstar Resort

Day 5 | Hiking - Watson Lake

Our hike out to Watson Lake begins with gentle sloping terrain, which rolls up and down for much of the hike as we travel through white fir and Jeffrey pine forest. A short detour brings us to rock pile with fantastic views of Lake Tahoe. Continuing on, we climb for a little over 2 miles through forested backcountry interrupted by beautiful wildflower-filled meadows and occasionally by small streams. Soon, we arrive at Watson Lake. We take our time to enjoy the beautiful midday light at the lake before shuttling back to Northstar to bring our tour to an end.

Total Mileage | 10 miles

Elevation gain 2047ft



Trip Cost Includes: Two guides, all meals starting with lunch on the first day through lunch on the last day, support vehicle, snacks, first-aid, bike maintenance, community gear, and a souvenir shirt.

Trip Cost Does Not Include: Airfare to and from our departure point, lodging before or after the tour, personal camping gear, rental bike, or gratuities to Escape Adventures guides. Tips to the guides are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between the guides.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Inns are subject to change.

Please see our website for cancellation policy.