







CALIFORNIA

CYCLING THE HIGH SIERRAS & SEQUOIAS

ROAD BIKE TOUR

 Road Biking  Hiking

-  Private Tours and Custom Tours
Solos, Couples & Friends
-  Departure: Reno, NV
-  Tour Offered: Jun, Jul, Aug, Sep
-  Departs On: Monday

-  Duration: 5 Days
-  Lodging: Casual Inns
-  Fitness Level: 3-5
-  Elevation Range: 1,000 - 9,000 ft.

Spanning 400 miles, California's High Sierra is a powerhouse of a mountain range: not only is it the longest in the lower 48, it is also home to the highest number of peaks. But this broad sweep, that cleaves nearly the entirety of the Golden State, is more than just a mammoth geological structure; it is an iconic if not palpable presence.

Our Reno/Redwoods Road tour draws figurative inspiration from the poet laureate of the High Sierra, John Muir. Inhaling endless High-Country horizon from a fast and nimble road bike or one of our ebikes, we steadily climb some of the loftiest, if lightly traveled passes in the Sierra Nevada; riding in the long-ago slipstream of Jedediah Smith, the aforementioned Muir, John Fremont, Mark Twain, not to overlook the countless 19th century immigrants. From an immersion in the rich Western lore of California's gold country and the Comstock Lode, we literally hug some of the oldest and grandest trees on Earth, the giant Sequoia: the biggest and best of the last.

Filling lungs all the while pushing legs, we lose and find ourselves simultaneously. Feeling the sustained grandeur, the delicately harmonized magnitude in "those measureless mountain days" Muir reveled in. "Days in whose light everything seems equally divine, a thousand windows onto God." Hallelujah.





THE ESCAPE ADVENTURES EXPERIENCE

For over 25 years, the hallmark of an Escape Adventures tour is personalized, hands-on service, before, during, and after each trip.

OUR PEOPLE

Our Trip Leaders are the best in the business. Trained personally by the owners, our WFR certified Leaders understand the areas you ride and the safety of the group.

OUR COMMITMENT

We don't just preach environmental awareness, we live it. We recycle 90% of our waste and run our LEED Platinum facilities with solar and wind power. Additionally, our facilities are net zero energy (we produce more energy than we consume) which makes us the only commercial outfitter in the world who is net positive energy.

OUR FOOD

Our Leaders prepare meals on the trip with an emphasis on fresh, local and organic foods, ensuring you have the fuel you need to ride, and a delicious, meal at the same time.

OUR SUPPORT VEHICLES

We provide a support van and trailer for every 9 guests on all of our trips so you can count on us to be there when you need us.





DAY 1 | Markleville to Coleville

Meet-up in “The Biggest Little City in The World”: Reno. Shuttle to/lunch in the lush grass valleys around Markleville, California. Climb to Monitor Pass. Southeast of Lake Tahoe, this 13-mile ascent overlooks the Western side of the Great Basin. Wend toward Walker; and ultimately, a layover in Coleville, all postcard perfect Midcentury Modern charm and open road romance.

Total Easy Mileage | 20
Total Moderate Mileage | 29 Miles
Casual Inn | Meadowcliff Resort, Coleville

Feet Gain | 1450
Feet Gain | 3123



DAY 2 | Coleville to Pinecrest

Next, ride from Walker to Pinecrest with a climb to the Sonora summit – the second highest pass in The Sierra then descend for miles along one of the original immigrant routes during the 1840s and 50s. Finish the day at Pinecrest, on the banks of the Pinecrest Lake.

Total Easy Mileage | 20 Miles
Total Moderate Mileage | 36
Total Seasoned Mileage | 69 Miles
Casual Inn | Pinecrest Lake Resort

Feet Gain | 872
Feet Gain | 1967
Feet Gain | 7098





DAY 3 | Pinecrest to Murphy

On this fine day we Ride to Murphy, the “Queen of The Sierras”. A gold mining settlement turned haute wine destination—no less than 25 different tasting rooms. Sweep into the town of Sonora. Located in the Sierra Nevada foothills, Sonora—named for the Sonoran miners who settled the City in 1848—has held fast to its historic charm. Vestiges of the town’s mining and logging legacy, many of Sonora’s buildings date back to the 1800s. Overnight in historic Murphy’s in the Stanislaus National Forest, one of our oldest (established in 1897).

Total Easy Mileage | 30 Miles
Total Seasoned Mileage | 56 Miles
Casual Inn | Murphy’s Inn

Feet Gain | 848
Feet Gain | 3097



DAY 4 | Murphy to Bear Valley

Today we Ride to Avery, gateway to the Calaveras Big Trees State Park. This 390-acre preserve, the smallest within the US Forest Service nonetheless packs enormous visual impact, if not great spiritual lift by virtue of its two giant Sequoias groves - The world's largest tree. Our day culminates in the high alpine town of Bear Valley - midway between Lake Tahoe and Yosemite National Park.

Total Easy Mileage | 6 Miles
Total Moderate Mileage | 23 Miles
Total Seasonal Mileage | 38 Miles
Hiking | 1.5 Miles
Luxury Inn | West Sonoma Inn and Spa

Feet Gain | 694
Feet Gain | 3351
Feet Gain | 6136





DAY 5 | Bear Valley to Markleville

Climb to the top of the 8751-ft Ebbetts Pass. Then, a beautiful epic descent along the 131-mile long Carson River—where Grizzly Adams trapped beaver and fished for cutthroat trout in 1860—resolves into Grover State Park. A series of natural hot springs gives way to a swimming complex. After lunch in Markleeville, we shuttle back to Reno.

Total Easy Mileage | 22 Miles

Total Moderate Mileage | 29 Miles

Total Seasoned Mileage | 40 Miles

Feet Gain | 783

Feet Gain | 2504

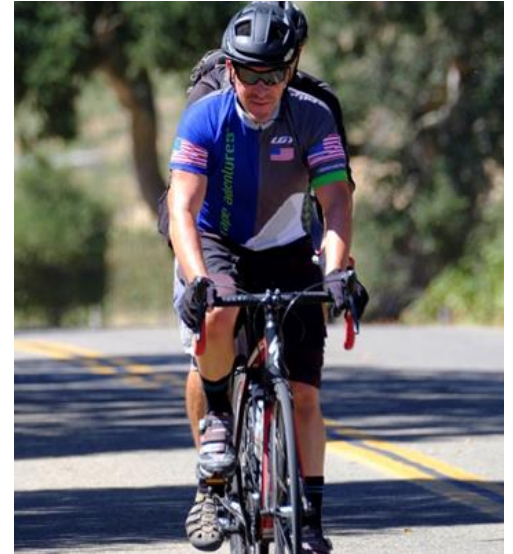
Feet Gain | 3954



THE IMPORTANT STUFF

Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Road Biking	20	1450	29	3123		
2	Road Biking	20	872	36	1967	69	7098
3	Road Biking	30	848			56	3097
4	Road Biking	6	694	23	3351	38	6136
	Hiking Big Tree Sequoia Forest	1.5 Miles					
5	Road Biking	22	783	29	2504	40	3954



Road Bike Tour Fitness Levels

Level	Hours of Activity	Total Elevation Feet Gain	Road Cycling Miles	Hiking Miles	
Easy	1	1-3	1000	10-20	1-5
	2	2-4	2000	20-30	5-8
Moderate	3	3-5	3000	30-45	8-10
Seasoned	4	4-6	4000	45-75	10-12
	5	5-7	5000	75+	12-16+



HOW TO PREPARE

ROAD BIKE

For optimal physical preparation, we recommend that you ride at least several hours per week during the month preceding the tour. During the tour you will be on your bike every day, and we can assure you that an unprepared bottom is a sore one! If you can't ride your bike, or don't own one, take a spin class at your local gym a few times a week.



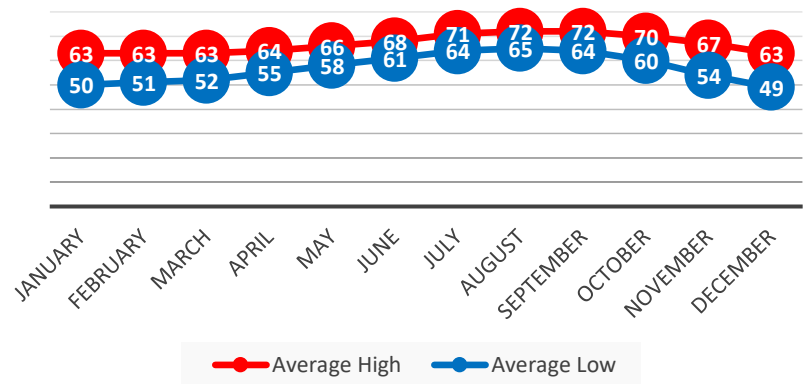
HIKING

To prepare for the tour, we recommend that you hike, jog or run at least several hours per week during the month preceding the tour. Walk/run in the shoes and sock you are bringing on the trip. This will help prevent blisters and sore feet.

WEATHER

You will be riding and sleeping at elevations over 4,000 ft. for this trip. Weather predictions in this area are often unreliable due to the elevation, so it is best to be prepared for cold evenings and inclement weather. Please use the following locations when checking the weather online: South Lake Tahoe, Calistoga, Guerneville, Markleeville

South Lake Tahoe, California



PACKING

Luggage is limited to one small soft-shelled suitcase or medium/large sized duffel bag (no heavier than 40 pounds). Please ensure your luggage container is water repellent. We also suggest bringing a hydration daypack or small backpack for valuables.

A complete list of what we consider essentials for every trip, as well as items that can be rented from Escape Adventures, is available at www.escapeadventures.com/packing-lists/

BICYCLES AND GEAR

Make your trip as comfortable as possible on the body, as simple as possible for traveling, and hassle free on tour. By choosing to rent a bike from us, we will fit you with the newest, highest quality gear in the industry. Escape Adventures provides only high-end bicycles. All of our bikes are equipped with carbon fiber frames and disc brakes designed for a smooth, comfortable ride.

Specialized Roubaix Disc



Specialized has perfected the road bike. Ride confidently and comfortably for longer distances.

Specialized Sirrus



Our most popular bike for moderate road bike tours is the proven Sirrus. This bike is suited for a wide range of cyclists.

Co-Motion Periscope Tandem



Our tandem is ideal for getting you and your partner or child out together, Tandem is available on request at an additional charge.

Specialized Creo eBike



Specialized Como eBike



For those of you who have wanted to join a bike tour but feared your fitness would hold you or the group back, fear no more. The new Turbo eBikes from Escape Adventures now allow you to travel further distances and explore new areas. The pedal assisted technology also allows beginner and novice riders to join in on more challenging routes and terrain.

BIKE GEAR

Garmin Edge Explore GPS

All of our road bike trips include a Garmin GPS device to help you navigate through each day safely and smoothly. You'll know how far, fast, and high you've ridden on the flats or climbs or on your way through each day. Simply turn it on and start riding. No paper maps needed!



Be Seen, Be Safe

When you are on the road in the daytime, it is important to us to make sure you are seen from all directions. We offer the best daytime lighting by our partner NiteRider. Each road bike is equipped with a LUMINA MICRO 550 AND SABRE 80 COMBO with a Lumen Output: 550 and Run Time: 1:30 – 20:00 hrs.



TRIP COST INCLUDES

All meals starting with lunch on the first day through lunch on the last day, Specialized road bike rental, support vehicles, snacks, first-aid, bike maintenance, community gear, and a custom sublimated Limited Edition Jersey.



TRIP COST DOES NOT INCLUDE

Airfare to and from departure point, lodging before or after the tour, personal camping gear (if applicable), or gratuities to Escape Adventures Trip Leaders. Tips to the Trip Leaders are given at your discretion and based on the quality of your experience. We suggest 10-20% of your trip cost to be divided between all Trip Leaders.

MEALS

Our Trip Leaders prepare all of your meals on our camping trips. On inns tours our Trip Leaders prepare all of your picnic style lunches and breakfasts and dinners are served in the best local restaurants.



TRIP AMENITIES

First-class campers will enjoy well-maintained public campgrounds. Inns on this tour are chosen for comfort, scenery, and proximity to our activities. Cell service for this tour is spotty, Verizon is the best service to have for this area.

KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll notify you of any changes prior to departure; other changes may be communicated on the trip by your Trip Leaders.

This is a general itinerary and may vary. Escape Adventures reserves the right to make changes due to weather, local conditions, government intervention, or any other unforeseen reasons that may affect the quality of the trip and/or safety of the participants. Accommodations are subject to change.

ACCOMMODATIONS (subject to change)



MEDOWCLIFF LODGE COLEVILLE KOA

110437 US-395, Coleville, CA 96107

(530) 495-2255

<https://www.booking.com/hotel/us/meadowcliff-coleville.html?aid=330843;lang=en-us>

Meadowcliff Lodge is located just south of Topaz Lake Nevada surrounded by the beautiful Eastern Sierra Nevada Mountains, centrally located between Yosemite National Park (to the south) and Reno Nevada (to the north).



PINECREST LAKE RESORT

421 Pinecrest Lake Rd, Pinecrest, CA 95364

(209) 965-3411

<http://www.pinecrestlakeresort.com/>

Motel Rooms at Pinecrest Lake Resort are new and updated. Featuring two queen sized beds, bathroom with shower and tub combination, cable television and daily maid service our motel rooms are the perfect accommodation for a weekend getaway.



MURPHYS INN MOTEL

76 Main St, Murphys, Ca 95247

(209) 728-1818

<http://www.murphysinnmotel.com/>

Our motel is a "Gem among the Giant Sequoias" offering a perfect combination of modern conveniences with a local flair. We have created an ambiance of a country inn with quilted bedspreads and renditions of local scenery by Barbara Fracchia.



TAMARACK LODGE AT BEAR VALLEY

18278 CA-4, Bear Valley, CA 95223

(209) 753-2310

<http://tamaracklodgeatbearvalley.com/>

Mountain Friendly Tamarack Lodge at Bear Valley— is a Family owned, Family run, Family Friendly Lodge, located on scenic Highway 4 near Bear Valley and 22 miles east of Arnold, 3 miles west of Bear Valley Village. Easy access off Highway 4. Close to beautiful Lake Alpine, Big Trees State Park, Pacific Crest Trail, Spicer, Utica and Union Reservoirs.

GATEWAY CITY: RENO, NEVADA

Reno is a city in the northwest section of the U.S. state of Nevada, approximately 22 miles from Lake Tahoe. Known as "The Biggest Little City in the World", Reno is known for its casino industry. Reno is the county seat of Washoe County.



RENO AIRPORT

RENO-TAHOE INTERNATIONAL AIRPORT

2001 E Plumb Ln, Reno, NV 89502

(775) 328-6400

<https://www.renoairport.com/>

Reno-Tahoe International Airport is a public/military airport three miles southeast of downtown Reno, in Washoe County, Nevada. It is the state's second busiest commercial airport after McCarran International Airport in Las Vegas.



RENO HOTELS

RENO BEST WESTERN AIRPORT PLAZA HOTEL

1981 TERMINAL WAY, RENO, NV 89502

(775) 348-6370

<http://www.bestwesternairportplazahotelreno.us/>

HILTON GARDEN INN RENO

9920 Double R Blvd, Reno, NV 89521

(775) 850-9700

https://hiltongardeninn3.hilton.com/en/hotels/nevada/hilton-garden-inn-reno-RNOGIG/index.html?SEO_id=GMB-HI-RNOGIG

MEETING AND DEPARTURE INFORMATION

MEETING LOCATION

RENO BEST WESTERN AIRPORT PLAZA HOTEL

1981 TERMINAL WAY, RENO, NV 89502

(775) 348-6370

<http://www.bestwesternairportplazahotelreno.us/>

DEPARTURE TIME

8:00 AM on the first day of the tour.

RETURN TIME

Around 5:00 PM on the last day of the tour.



CANCELLATION POLICY

In order to keep our tours affordable and provide proper notice to our lodging partners, we must adhere to this timeline, no exceptions. After our refund deadline has passed we cannot provide a refund for any reason, including circumstances beyond your control such as weather-related travel delays, family emergency, or injury. There is also no partial refund if you arrive late to your tour, or depart early. Insurance agencies however, offer a full or partial refund in many circumstances if you purchase travel insurance to cover your tour. Payment in full is due 60 days prior to trip departure.

IF YOU CANCEL YOUR TRIP	YOU WILL RECEIVE
Up until 60 days prior to trip departure	100% of what you have paid minus a \$200 processing fee per person
59-45 days prior to trip departure	50% of what you have paid minus a \$200 processing fee per person
45-30 days prior to trip departure	15% of what you have paid minus a \$200 processing fee per person
29-0 days prior trip departure	No Refund

TRAVEL INSURANCE

We strongly encourage you to purchase travel insurance to protect against extenuating circumstances such as illness and injury-believe us, they do come up! We have a special arrangement with TravelGuard insurance so that you may purchase reasonably-priced travel insurance at the same time you place your tour reservation. For a detailed description of the TravelGuard policy we offer, visit our website or call 866-385-4839 and ask about product 007715.

TRANSFER POLICY

If you would like to change to a different tour or departure date after signing up, we will be happy to transfer you on a space available basis up until 60 days prior to your tour. Please provide your transfer request in writing - email is sufficient. Please note, a \$25 transfer fee will be deducted from your previous payments for each transfer, and if you later choose to cancel your tour, the cancellation deadlines will apply to the date of the originally scheduled tour.

TOUR CONFIRMATION

Escape confirms tours 60 days prior to tour departure; prior to this time, tours may be cancelled due to low enrollment. After your tour is confirmed, it will not be cancelled for low-enrollment, but in rare cases may be cancelled due to weather, government intervention, unsafe trail conditions, or any other reason that would affect the quality of the scheduled tour or the safety of its participants. If we are forced to cancel your tour, we will provide a 100% refund and work to add you to another trip that works for you.

TRAVEL PLANS

We advise you to avoid non-refundable flights and other travel arrangements and are not responsible for the costs of such arrangement in the event your tour is cancelled. The travel insurance offered in conjunction with our tours covers the cost of your tour but does not cover additional costs such as travel to and from your tour departure location, and hotel stays prior to or following your tour. Please consider purchasing additional insurance coverage.



SIMILAR TRIPS FROM ESCAPE ADVENTURES

BIG SUR ROAD BIKE TOUR CALIFORNIA COAST SANTA BARBARA TO BIG SUR

Road Biking Hiking

- Private Tours and Custom Tours
Solos, Couples & Friends
- Departure: Santa Barbara, CA
- Tour Offered: Mar, Apr, May, Sep, Oct
- Departs On: Sunday
- Duration: 6 Days
- Lodging: Luxury Inns & Restaurants
- Fitness Level: 2-4
- Elevation Range: 0 - 2,000 ft.

Highly influential, early 20th century watercolorist and muralist, Francis McComas defined California's Central Coast Big Sur as "the greatest meeting of land sea."



VOLCANOES AND WATERFALLS BIKE TOUR MT. ST. HELENS, MT. RAINIER, AND MT. ADAMS

- Private Tours and Custom Tours
Solos, Couples & Friends
- Departure: Portland, OR
- Tour Offered: Jun, Jul, Aug, Sep
- Departs On: Monday
- Duration: 5 Days
- Lodging: Casual Inns
- Fitness Level: 2-5
- Elevation Range: 1,000 - 6,000 ft.

An incredibly diverse succession of terrain, from glacial plains to volcanic blast zones; exalted mountain ridges, rainforests, woodlands to lava flows frozen in time, all come to define this Northwest road cycling epic. And keep your eye out for emus.

